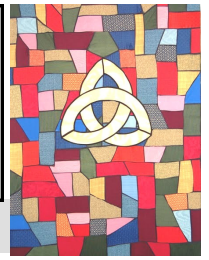




# St. James' Notes



Volume 51, Issue 10

October 2014



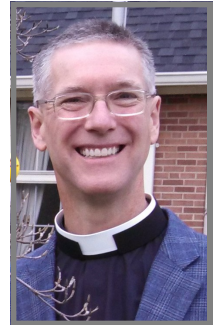
*Empowered by the Holy Spirit to be faithful disciples of Jesus, St. James' serves as a beacon of God's love and as a caring Christian family for the community, the nation and the world by seeking to restore all to unity with God and one another and by proclaiming the Good News through worship, witness, education, fellowship and service.*

St. James'  
Episcopal Church  
at Mount Vernon  
A parish church in the  
Episcopal Diocese  
of Virginia and member  
of the worldwide Anglican  
Communion.



Dear People of St. James',

This is a season when St. James' introduces itself to a lot of new people. We welcome so many visitors at the Art & Craft Fair, at the Annual BBQ & Yard Sale, and at the Blessing of the Animals. It's an opportunity for people to discover St. James', and to become aware of the things that we do and the kind of community we are. And of course, we invite these visitors to come back, and to consider becoming a part of this community themselves.



All of us are the hosts to these visitors, and it is how we treat them that determines if they will come back. Be quick to smile, quick to say hello, quick to introduce yourself, quick to offer help. Let visitors know who you are—a member of the church!— and invite them to come back again. Let them know that you will be looking for them!

Our welcome and hospitality continues on Sunday mornings. Make a special point to greet visitors in the pews at the Peace, and invite them to come with you back to Coffee Hour. At Coffee Hour, introduce the visitors to others, and keep an eye on them. A visitor who is left standing alone during Coffee Hour is a visitor who will not come back!

St. James' is a wonderfully welcoming church, because the people of St. James' are a welcoming people. The welcome we give to our visitors is a sign of the welcome that God extends to us all—a welcome that invites everyone to lives of love and service.

In Christ,

*Charles+*



# Bulletin Board

## St. James' Episcopal Church at Mount Vernon

The Diocese of Virginia

The Rt. Rev. Shannon S. Johnston  
Diocesan Bishop

The Rt. Rev. Susan E. Goff  
Bishop Suffragan

The Rt. Rev. Edwin F. "Ted" Gulick Jr.  
Assistant Bishop

The Rev. Charles F. Brock  
Rector

### Staff

Jenny Kennedy  
Parish Administrator

Alan Moser  
Director of Music

Boahemaa Nketia  
Nursery Director

### Vestry

Ray Smith  
Senior Warden

Cheryl Viani  
Junior Warden

Marghe Bowker  
Local & World Outreach

Ben Justesen  
Christian Education

Dean Sherick  
Plant & Property

Sara Thompson  
Growth & Evangelism

Mary Jane Van den Berg  
Parish Family

Bill Iber  
Treasurer

Marge Smith  
Register

### Trustees

Peg Iber  
Lib Mueller  
Ray Smith

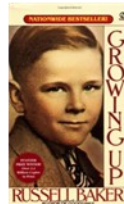
## Daughters of the King Make Blankets for Rising Hope

With the help of volunteers, the Daughters of the King made six blankets for Rising Hope United Methodist Mission Church on Sunday, September 14. This is a contribution to St. James' Outreach Ministry to those in need in our area. Our next blanket-making session will be in Braxton Hall on Sunday, November 16, immediately after the Coffee Hour that follows the 10:15 am worship service. You are invited to join us at that time to make these easily constructed "no sew" fleece blankets. We will show you how. The November issue of St. James' Notes will provide more details. All adults are welcome to participate in this fun activity. Contact Ann Chadwick ([twcassociates@msn.com](mailto:twcassociates@msn.com) or 703-780-4054) for more information.



## Book Club— Join us!

The Book Club meets the 2nd and 4th Thursday of every month at 12:30pm in Braxton Hall. Our October book is *Growing Up* by Russell Baker. And we meet October 9 and 23. Hope to see you there!



## We Recycle!

Thank you to our team of recyclers for doing a great job. Additional volunteers are welcome. It just takes one hour every 6 weeks to collect the recycling at the church. Contact the church office or Marghe Bowker if you interested.

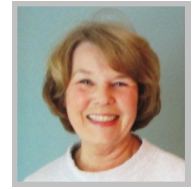
October 4	David Batcheller
October 11	Mike Morgan
October 18	Marghe Bowker
October 25	Eric Katz
November 1	Janet Fallin





## From the Junior Warden

I think fall is my favorite time of year. That is probably due to my Connecticut roots. Virginia is beautiful in the spring, but there is nothing like New England in the fall! The air is getting cooler, the colors will soon be showing, and the fall activities that bring us together have begun. St. James' kicked off the season with our Parish Picnic—good food and good fellowship. While the adults enjoyed a chance to relax and eat and talk, the kids had fun playing together outside. As always, thank you to everyone who helped make the day so nice, especially the Brotherhood of St. James.



Fall is craft fair time. The St. James' Art and Craft Fair is our big event of the season and our biggest fundraiser, and it gets bigger each year! This year's craft fair, held on Saturday, September 20, had 62 vendors. The church served lunch to a steady stream of customers starting as early as 10:30 a.m. The bake sale offered a delicious array of goodies and made a very nice profit. We held a silent auction for some beautiful items and a raffle with great prizes, including gift certificates for some of the area's best restaurants—Cosmopolitan, Mama's Kitchen, Via Veneto. (I won a 3-month membership to Gold's Gym. I think God is trying to tell me something!)

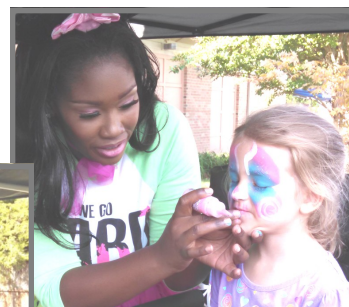
Everyone loves the craft fair; it is so much fun, but it is also a lot of work. I especially want to thank Andy De La Cour and Laurie doCarmo, our co-chairs. They start working on the craft fair 9 months in advance. It is their leadership and organizational skills that make the Art and Craft Fair run so smoothly and successfully. I also want to thank Jane Fitz, who solicited the prizes and donations for the raffle and silent auction, and Marge Smith, who handled the registration and bookkeeping. Jane and Marge began their work on the fair during the planning stage and worked through the completion of the paperwork. Thank you also to the team members; to the Cub Scouts; to our cooks, bakers, movers, shoppers, and servers; and to a long list of people who contributed their time and talents in so many ways and without whom this event would not have been possible. We do not have the final receipt figures yet, but by any measure, the fair was a huge success!

Now, on to the BBQ and Yard Sale on October 4. Also, don't forget the Blessing of the Animals on October 5. Bring your creatures, great and small.

Have a great fall season!

*Cheryl*

## Pictures from the Art & Craft Fair



# Outreach

## About Rising Hope United Methodist Mission Church

Rising Hope Mission Church serves the poorest in our neighborhood. In an average year it reaches nearly 8,000 individuals, supplies 2,000 families with food, and serves 18,000 hot lunches to the hungry. In addition to worship, Rising Hope offers Bible study, mentoring, and substance abuse counseling. Rising Hope connects the spiritual with the practical through job fairs, interview preparation, budgeting and financial classes, HIV testing, jail visitation, emergency housing referrals, summer Bible camp and more. Nearly 2/3 of Rising Hope's members are, or have been, homeless; many of its successful "graduates" return to volunteer. Rising Hope depends upon fits and grants from volunteers and non-profit organizations for its funding — it does not receive any Federal financial support.

## Hot Lunches for Rising Hope

St. James' volunteers deliver hot lunches twice each month at Rising Hope Mission Church. In September we fed 75 the first week and 70 the second week. These folks are the areas poorest along our Route 1 corridor. Each lunch is so appreciated by those being fed. Thank you to Marge Katz who coordinates, and thanks to the cookers who deliver their dish to the church. More cookers are always needed. This ministry will warm your heart and the stomachs of the homeless.

If you would like to help this ministry monthly or if you just want to sign up to prepare a dish occasionally, please call Marge Katz at (412) 303-7801. Thanks!



## Fill the Wagon Every Week ~ Food Pantry Donations Always Needed

Thank you for your faithful giving of food each week for the Food Pantry at Rising Hope. A hungry family may fill a bag once each week from the tiny pantry; our donations don't last long. Please, continue to bring a few items every week.

## How can St. James' help in the Ebola Crisis?

In Liberia and Sierra Leone, Episcopal Relief & Development (ERD) is working to alleviate suffering and contain the Ebola outbreak that has killed 1,427 people in West Africa since March 2014.

Partners in both countries are mobilizing local volunteers to promote accurate information about Ebola and distribute hygiene and sanitation supplies. In addition, the Episcopal Church in Liberia is supplying food parcels for households in quarantined communities and providing basic protective equipment for health workers at local hospitals.

Your gift to the ERD's Ebola Crisis Response Fund will help provide food, education on prevention and containment, and medical supplies to people directly and indirectly affected by the outbreak in West Africa. ERD is currently supporting the relief efforts of the Episcopal Church of Liberia and the Diocese of Bo in Sierra Leone

You may mail donations made by check to:

Episcopal Relief & Development  
P.O. Box 7058 Merrifield, VA 22116-7058.  
Mark your check: Ebola Crisis Response Fund.

Or you can give online by going to <http://www.episcopalrelief.org>

Or you can make a donation by calling 1-855-312-4325.



# Prayers

## October Birthdays



- 4 Joshua Charles Blair
- 4 Amber Tussing
- 4 Francesca Wallace
- 6 Elizabeth Whitehouse
- 12 Larry Saiers
- 19 Joy Lee Mansfield
- 23 Natalie Walker
- 25 Rick De La Cour
- 26 Amanda Braden
- 26 Reisa Kall

## We Want to Include You!

If you don't see your birthday or anniversary listed here, please let us know so that we can include you. You may email to [office@stjamesmv.org](mailto:office@stjamesmv.org) or call (703) 780-3081. Thanks!

## Anniversaries



- October 6, 1984  
Doug & Ellen Cleary
- October 7, 1982  
Don & Debby McConnell
- October 31  
Alan & Elizabeth Moser



## PRAYER LIST

We pray for strength, guidance and healing for: Stephanie, Molly, Gavin, Shawn, Peggy, Rhu, Muriel, Muriel Sue, Esther, Nora, Jenny, Roger, Olivia, Christopher, Christine, John, Jacqui, Richard, Shirley, Amber, Mary, Jeff, Lee, Peggy, Virginia, Ruth, Anne, Sara, Leo, Rick, and Elizabeth

We pray for the safety and protection of the men and women serving in our Armed Forces, especially those who serve in harm's way in Afghanistan & Iraq: Captain Paul Lowman, and all those injured or wounded.

## From the Director of Music

Dear St. James' Friends,

Have you picked up a good book of poetry recently?

I hope your answer is, "why of course!" If it's not your first answer, maybe it should be. Why? Simple – poetry is a vital part of our worship together. Not only are the Psalms poems of praise, supplication, and thanksgiving, but the blue book in the church pews isn't just a paperweight – it's a book of poetry. The hymns we sing are poems that are set to music. We sometimes lose sight of this because of the way hymnals are frequently formatted today: with the stanzas of the hymn in between the lines of the music. This may make it easier to associate the words with their corresponding notes, but may also mask our ability to appreciate the beauty of the poetry.

Remember all those terms from high school English class? Iambic, trochaic, alliteration, metaphor...(there are many more)? All have homes in the study of hymns. Here's an example of paradox (a statement containing opposite ideas) from the hymn, "O for a thousand tongues:"

*Hear Him ye deaf; His praise, ye dumb,  
Your loosened tongues employ;  
Ye blind, behold your Saviour come;  
And leap, ye lame, for joy.*

I hope that our tongues are loosened and our minds opened to enjoy the beauty of the poetry that surrounds us Sunday after Sunday.

**Welcome!** The choir is thrilled to have Peggy Rudesheim join us. We'd love to have you join us, too. Talk to any choir member or to me about singing for a season or all the time.

*Soli Deo Gloria*

**Alan**



# Schedule of Ministry ~ October 5 to November 2

	October 5	October 12	October 19	October 26	November 2
	Pentecost 17	Pentecost 18	Pentecost 19	Pentecost 20	Pentecost 21
	Proper 22	Columbus Day	Proper 24	Feast of St. James	All Saint's Day
<b>Celebrant</b>	The Rev. Charles Brock	The Rev. Dr. Anne Ritchie	The Rev. Charles Brock	The Rev. Charles Brock	The Rev. Charles Brock
<b>Vestry Person of the Day</b>	Dean Sherick	Sara Thompson	Ray Smith	MJ Vandenberg	Cheryl Viani
<b>Welcoming Team</b>	Mike Morgan	Ellen Cleary	Andy DeLaCour	Laurie doCarmo	Lib Mueller
<b>Ushers</b>	Doug Cleary	Mark Braden	Mike Morgan	Eric Katz	Ray Smith
	Ellen Cleary	McKayla Braden	Wayne Johnson	Marge Katz	Fred Rudesheim
	8:00 AM	8:00 AM	8:00 AM	8:00 AM	8:00 AM
<b>Chalice</b>	Paul Vivian	Stan Dawson	David Batcheller	Vicky Vivian	Stan Dawson
<b>Lector</b>	David Batcheller	Vicky Vivian	Janet Fallin	Stan Dawson	Paul Vivian
<b>Psalm</b>	Paul Vivian	Stan Dawson	David Batcheller	Vicky Vivian	Stan Dawson
<b>Prayers</b>	Dean Sherick	Sara Thompson	Ray Smith	MJ Vandenberg	Cheryl Viani
	10:00 AM	10:00 AM	10:00 AM	10:00 AM	10:00 AM
<b>Sunday School</b>	Francesca Wallace	Eric Katz	Andrew Richard	Mark Braden	Francesca Wallace
	Mary Lowe	Marge Katz	Rosemarie Richard	McKayla Braden	Mary Lowe
	10:15 AM	10:15 AM	10:15 AM	10:15 AM	10:15 AM
<b>Chalice</b>	Bill Iber	Pat Rowell	Amber Tussing	Bob Fitz	Mike Morgan
<b>Lesson 1</b>	Ben Justesen	Mark Braden	McKayla Braden	Hank Morgan	Suzanne Synnestvedt
<b>Psalm</b>	Mary Blair	Marghe Bowker	Mary Blair	Cheryl Nostrand	Nancy Sherick
<b>Lesson 2</b>	Bob Blair	Gus Braun	Bob Blair	Ann Chadwick	Gordon Grant
<b>Prayers</b>	Bob Fitz	Mary Lowe	Sean Wallace	James Eustis	Dean Sherick
<b>Sacraments</b>	Laurie doCarmo	Rodriguez Family	Mark Braden	Wallace Family	Bob & Mary Blair
	Ben Wosoogh		McKayla Braden		
<b>Acolyte</b>	Pat Rowell	Ben Justesen	Amber Tussing	Pat Rowell	Sara Thompson
<b>Crucifer</b>		Brenna Richard			Martha Normand
<b>Torches</b>					Eloise Normand Zoe Wallace
<b>Organist</b>	Alan Moser	Alan Moser	Alan Moser	Alan Moser	Alan Moser
<b>Counter</b>	Nancy Sherick	Jane Wosoogh	Wayne Johnson	Marge Smith	Nancy Sherick
<b>Altar Guild</b>	Viani Team	Viani Team	Viani Team	Viani Team	Iber Team

# October 2014

## EVERY WEEK at St. James' Episcopal Church

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00a Holy Eucharist Rite I 9:00 Adult Forum 10:00 Sunday School 10:15a Holy Eucharist Rite II 11:30a Coffee			11a Bible Study 12p Holy Eucharist with Healing 12:30p Lunch 7p Choir 8:30p AA Mtg	6pm Wounded Warrior Support Group		8:30p AA Mtg

## THIS MONTH at St. James' Episcopal Church

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28 September Pentecost 16 Proper 21	29	30	1	2 10:30a Rising Hope Lunch Ministry	3	4 BBQ & Yard Sale Fundraiser
5 October Pentecost 17 Proper 22 3p Blessing of the Animals 6:30p Cub Scouts	6 6:30p Cub Scouts	7 6:30p Cub Scouts	8	9 10:30a Rising Hope Lunch Ministry 12:30p Book Club	10	11 8am Brotherhood Breakfast
12 October Pentecost 18 Proper 23	13 Columbus Day	14 6:30p Cub Scouts 7:15p Vestry	15	16	17	18
19 October Pentecost 19 Proper 24	20 6:30p Cub Scouts	21	22	23 12:30p Book Club	24	25
26 October Pentecost 20 St. James of Jerusalem Feast Day	27	28 6:30p Cub Scouts	29	30	31	November 1

## EVERY WEEK ~ Ghana Resurrection Methodist Church (GRM)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11:30a Class Meeting 12:30p Worship Service 3p Men's Fellowship					8p Choir	12:30p Youth 1p Leaders 7:30p Bible Study & Prayer

Please always check the online calendar for the most up-to-date event information. Go to our website at [www.stjamesmv.org](http://www.stjamesmv.org) and click on Online Calendar. If you would like to add an event to the calendar, please contact the Parish Office.





**St. James' Episcopal Church**  
**Mount Vernon, VA**  
**5614 Old Mill Road**  
 Alexandria, VA 22309-3332  
 703-780-3081      [www.stjamesmv.org](http://www.stjamesmv.org)



**NON-PROFIT ORG.**  
**U.S. POSTAGE**  
**PAID**  
 PERMIT NO. 14  
 MOUNT VERNON, VA

**RETURN SERVICE REQUESTED**

## **St. James' BBQ & Yard Sale October 4, 9am to 3pm**



Come for a yummy slow cooked BBQ lunch or get your BBQ to go—including our special sauce, beans and cole slaw. Stay and browse for a needed item or special treasure at the community Yard Sale.

## **Blessing of the Animals October 5, 3:00pm**



Bring your cats, dogs, birds, your furry friends—and even your not-so-furry friends—to be blessed. Enjoy the fellowship of all God's creatures. Treats for animals and people alike will be served.