

St. James' Notes

Volume 52, Issue 3

March 2015





Empowered by the Holy Spirit to be faithful disciples of Jesus, St. James' serves as a beacon of God's love and as a caring Christian family for the community, the nation and the world by seeking to restore all to unity with God and one another and by proclaiming the Good News through worship, witness, education, fellowship and service.

St. James'
Episcopal Church
at Mount Vernon
A parish church in the
Episcopal Diocese
of Virginia and member
of the worldwide Anglican
Communion.



Dear People of St. James',

During the season of Lent, we walk with Jesus as he approaches the final days of his life, the events of Holy Week that gather up and offer the witness of his life given for us. During this season, we become witnesses to his faith in God, his obedience to his calling, and his love for God's people. Everything Jesus does reflects his transparency to God, so that God himself may be seen in and through Jesus.



Even as Jesus made himself transparent to God, so we can seek to make our selves and our lives transparent to God as well. There are no secrets before God, he knows all of our faults, failings, and sins... so let us be honest with ourselves, so that we can know his forgiveness. Let us give our fears and concerns over to God, so that we can walk relieved of their burden. Let us open our hearts to his love, so that we can express that love by loving others.

The best image of transparency is that of a window. Clean windows let light through both ways. A dirty window doesn't let light through, or only partially. Lent is a season to work on cleaning your spiritual windows, to let God shine into your life and to let God shine out through your life.

In Christ,

Charles+



Lord, Teach Us How to Pray

Sundays During Lent Through March 22

5:30pm Soup & Salad Supper 6:00-7:00pm Conversation

Please join us on Sunday evenings during Lent for an early-evening supper of soup and salad, followed by a conversation about prayer led by the Rev. Charles Brock. We will explore why we pray and how we pray. All you need to bring is an open heart and an open mind.

St. James' Episcopal Church at Mount Vernon

The Diocese of Virginia

The Rt. Rev. Shannon S.

Johnston

Diocesan Bishop

The Rt. Rev. Susan E. Goff Bishop Suffragan

The Rt. Rev. Edwin F. "Ted"
Gulick Jr.
Assistant Bishop

The Rev. Charles F. Brock

Staff

Jenny Kennedy Parish Administrator

Alan Moser Director of Music

Vestry

Cheryl Viani Senior Warden

Mike Morgan Junior Warden and Plant & Property

> Marghe Bowker Local & World Outreach

Mark Braden
Administration & Finance

Eric Katz Growth & Evangelism

Sara Thompson
Publicity & Communications

Mary Jane Van den Berg Parish Family

Francesca Wallace Christian Education

> Bill Iber Treasurer

Marge Smith Register

Trustees

Peg Iber Lib Mueller Ray Smith

Yard Sale Fundraiser May 30, 2015 8am to1:00pm

St. James' will hold a fundraiser "For the Mission of the Church." This will involve a Yard Sale, a "Second Hand Rose Boutique," and a Bake Sale.

We need parishioners to donate items for the sale. Start now for a great Lenten Activity: Simplify your life, and donate the extra to the church. Here are items we want, in good condition:

Jewelry, scarves, belts, purses, hats, toys, baby items, tools, wallets, household & kitchen items, garage & yard items, games & puzzles, books, sports items, decorations. Furniture YES, but storage is a challenge; please ask before you deliver. Thin your perennials and donate the extra roots. Please no clothes or beat-up shoes; baby things OK.

The boutique will repair, clean, and display women's & men's accessories. Ask Laurie DoCarmo (703) 780-8054 or Cheryl Viani (703) 360-8799 if you have questions.

Marghe Bowker (703-799-1567, Amber Prigmore <u>Prigmore.amber@hotmail.com</u>, and Mike Morgan <u>Mike007morgan@yahoo.com</u> will answer all other questions.

We need everyone in the church to help with donations (ask your friends and relatives). Then volunteer to work and/or bake as the time approaches. Look for the donation box in the Gallery. We will have tax deduction forms available.

Spring WILL come. Get a jump on your spring cleaning.

Bulletin Board

Book Club- Join us!

Everyone is invited to join Book Club. We meet the 2nd and 4th Thursday of each month at 12:30pm in Braxton Hall. Our March Book is **The Shoemakers's** Wife by Adrianna Trigiani and our April Book is **The Book Thief** by Marcus Zusak.





We Recycle!

Thank you to our team of recyclers for doing a great job. Additional volunteers are welcome. It just takes one hour every 6 weeks to collect the recycling at the church. Contact the church office or Marghe Bowker if you interested.

Mike Morgan
Marghe Bowker
Eric Katz
Janet Fallin
David Batcheller

From the Senior Warden

One of the things I like about living in Northern Virginia is that we have four seasons, but they are relatively moderate. The East Coast and the Mid-West have had their share of winter this year, and we have treated our winter with the respect that is prudent. Along with many school closures and cancellations of other events, we unfortunately had to cancel our Pancake Supper and the "More or Less" Talent Show. But we'll be back next year!



I want to take a moment to thank all the people who volunteer as nursery attendants on Sunday mornings. You are providing an important service to others and to the church. One Sunday when I was the nursery attendant, I had only one child in the nursery, a little boy. He was so cute, and we had a good time. He kept putting his half donut in the toy microware of the plastic kitchen in the nursery and pressing the buttons. Children bring such fun and joy to our lives.

We are now in the season of Lent. Lent is a quiet season that seems to fit the weather. It is a time to slow down and think about our spiritual lives and our relationship with God. Besides our regular Sunday services, the church offers several opportunities to increase your knowledge and awareness of God and share your thoughts, questions, and perspective with other members. The Lenten Program with a soup and salad supper, followed by a discussion with Father Charles and other members, is both a time for fellowship and a time for introspective. The topic for this year's series is "Lord, Teach Us How to Pray." The Lenten Program is held in Braxton Hall at 5:30 to 7pm each Sunday evening during Lent. (You can still get home in time to see *Downton Abbey*.) Other opportunities to share and learn include Bible Study and Holy Eucharist (and lunch) on Wednesdays at 1lam and Adult Forum on Sundays at 9:30am, both in Braxton Hall.

Looking beyond Lent and at the more secular side of events, several individuals and Vestry members are planning a fundraiser in May to raise money for the church debt and for outreach. A yard sale is being planned for May 30, with a rain date of June 6. One special table, which we are calling the "Second Hand Rose Boutique," will sell donations of finer ladies' (and gentlemen's) accessories, such as jewelry, scarves, hats, handbags, evening purses and shoes, etc. Details of the sale are on page two of this newsletter. Please keep us in mind when you are spring cleaning!

Stay warm and stay safe, as we are hopefully on the down side of winter.

Cheryl Viani



The Daughters of the King had their Rededication Service on February 15.

The Cub Scouts joined us for Scout Sunday on February 1.



From the Director of Music

Dear Friends,

The players are gathering, the sun is shining, the weather is warming up (hopefully), it's time for ... Spring Training! Except we will call it "Lent." The choir is certainly working on their best form as they prepare anthems, psalms, responses, and themselves for a holy Lent, Palm Sunday, Holy Week, and Easter. As you may guess, this is one of the busiest times of the church year for a chorister (and for an organist).



We join with Christians around the world and through the ages in singing our Psalms. On the first Sunday in Lent, we sang the Great Litany in procession, and we will pray the Penitential Order and recall the Decalogue in a corporate litany. The use of Healey Willan's service setting, Missa de Sancta Maria Magdalena, reflects our Lenten use of Rite I for the Holy Eucharist. Anthems for this Lent include a setting of Amazing Grace and one of Lord Jesus Think on Me by Dr. Georgiann Toole, a professor at Shepherd University in West Virginia. We will sing a new (to us) Palm Sunday Antiphon as we celebrate Jesus' triumphal entry into Jerusalem, and then turn to the more somber notes of Maundy Thursday and Good Friday.

So, let's oil our gloves, get our cleats on, and get in shape for the upcoming joys of Easter. Spring training is a great time to be a church musician!

Soli Deo gloria,

Alan

Mission of the Quarter—1st Quarter 2015

We are collecting funds that promote the basics for life, economic opportunities, and health to the neediest. These funds are distributed through Episcopal Relief & Development.

Make your checks payable to St. James' Episcopal Church, noting what gift you would like to give in the memo line, and place your check in the Mission of the Quarter envelope enclosed with your bulletin. Or drop it in the mail to the church office. We'll tabulate all, combine partial gifts, and announce the results of our campaign on Easter Morning.

l Gift	Cost	Amount of your gift (full or partial)
Goats	\$80/goat	
Seeds, Tools, Training	\$45/share \$180/family	
Reforestation	\$50 for 50 trees	
Clean Water	\$35/person \$215/family	
Preschool Programs	\$15/child	
Vocational Training	\$100/student	

Prayers

March Birthdays

- 1 Andrew Richard
- 2 Suzanne King
- 2 Douglas Smith
- 6 Barbara Riley
- 8 Penny Norman
- 13 McKayla Braden
- 15 Anne Stinson
- 21 Anne Hamel Brenton
- 23 Amber Prigmore
- 24 Sara Thompson

PRAYER LIST

We pray for strength, guidance and healing for: Stephanie, Molly, Gavin, Shawn, Peggy, Rhu, Muriel, Muriel Sue, Esther, Nora, Jenny, Roger, Olivia, Christopher, Christine, John, Jacqui, Richard, Shirley, Amber, Mary, Jeff, Lee, Virginia, Peggy, Ruth, Anne, Leo, Rick, Elizabeth, Dorothea, Bryan, Gina, Porter, Roger, Tad, Claude, Barbara, Klaus, Chris, Kim, Sara

We pray for the safety and protection of the men and women serving in our Armed Forces, especially those who serve in harm's way in Afghanistan & Iraq: Captain Paul Lowman, and all those injured or wounded.

March Anniversaries



March 6, 1965
Ray & Marge Smith

March 14, 1952
George & Mary Ann Holthaus

March 17, 1961
Eliot & Barbara Tucker



We Want to Include You

If you don't see your birthday or anniversary listed here, please let us know so that we can include you. You may email to office@stjamesmv.org or call (703) 780-3081. Thanks!

Thank you for Assisting in Worship During Holy Week

	April 2, 7:30pm	April 3, 7:30pm
	Maundy Thursday	Good Friday
Celebrant	The Rev. Charles Brock	The Rev. Charles Brock
Vestry Person	Cheryl Viani	Cheryl Viani
Welcoming Team	Marge Smith	Ray Smith
Ushers	Eric Katz	Ray Smith
	Marge Katz	Marge Smith
Chalice	Mike Morgan	
Lesson l	Amber Prigmore	Peg Iber
Lesson 2	Ann Chadwick	Hank Morgan
Prayers	Bob Fitz	
Sacraments	Barbara Riley, Peg Iber	
Acolyte	Pat Rowell	
Organist	Alan Moser	Alan Moser
Counter	Marge Smith	Marge Smith
Altar Guild	Iber Team	Iber Team

Schedule of Ministry ~ March 1 to April 5

	March 1	March 8	March 15	March 22	March 29	April 5
	Lent 2	Lent 3	Lent 4	Lent 5	Palm Sunday	Easter Sunday
Celebrant	The Rev. Charles Brock					
Vestry Person	Francesca Wallace	Eric Katz	Mark Braden	Sara Thompson	Marghe Bowker	Mike Morgan
Welcoming Team	Laurie doCarmo	Ellen Cleary	Andy De La Cour	Mike Morgan	Jane Wosoogh	All Team Member
Ushers	Doug Cleary	Eric Katz	Gus Braun	Mike Morgan	Bob Blair	Ray & Marge Smith
	Ellen Cleary	Marge Katz	Wayne Johnson	Ben Wosoogh	Barbara Riley	Bob & Mary Blair
	8:00 AM					
Chalice	Paul Vivian	David Batcheller	Vicky Vivian	Stan Dawson	Paul Vivian	David Batcheller
Lector	Stan Dawson	Vicky Vivian	Janet Fallin	Paul Vivian	David Batcheller	Janet Fallin
Psalm	Paul Vivian	David Batcheller	Vicky Vivian	Stan Dawson	Paul Vivian	David Batcheller
Prayers	Francesca Wallace	Eric Katz	Mark Braden	Sara Thompson	Marghe Bowker	Mike Morgan
	10:00 AM					
Sunday School	Francesca Wallace	Andrew Richard	Eric Katz	Mark Braden	Heidi Brock	No Sunday School
	Mary Lowe	Rosemarie Richard	Marge Katz	McKayla Braden	Stan Dawson	SCHOOL
	10:15 AM					
Chalice	Bill Iber	Peg Iber	Pat Rowell	Marghe Bowker	Mary Blair	Amber Tussing Bill Iber
Lesson 1	Marghe Bowker	Pat Rowell	Ben Justesen	Mary Blair	Gus Braun	Nancy Sherick
Lesson 2	McKayala Braden	Mary Lowe	Gordon Grant	James Eustis	S. Synnestvedt	F. Wallace
Prayers	Sean Wallace	Cheryl Nostrand	Bill Iber	Bob Blair	Mike Morgan	James Eustis
Sacraments	MJ VandenBerg	Laurie doCarmo	Morgan Family	Rodriguez Family	Wallace Family	Cleary Family
	Lib Mueller	Anne Patrick				
Acolyte	Sara Thompson	Ben Justesen	Pat Rowell	Sara Thompson	Ben Justesen	Sara Thompson
Nursery Volunteer	Ellen Cleary		Peg Iber			Peg Iber
Organist	Alan Moser					
Counter	Nancy Sherick	Jane Wosoogh	Wayne Johnson	Marge Smith	Marge Smith	Nancy Sherick
Altar Guild	Iber Team	Viani Team				

See Page 4 for who is Assisting in Worship for Maundy Thursday and Good Friday

March 2015

EVERY WEEK at St. James' Episcopal Church

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00a Holy Eucharist Rite I 9:00 Adult Forum 10:00 Sunday School 10:15a Holy Eucharist Rite II 11:30a Coffee			lla Bible Study 12p Holy Eucharist with Healing 12:30p Lunch 7p Choir 8:30p AA Mtg	6pm Wounded Warrior Support Group		8:30p AA Mtg

THIS MONTH at St. James' Episcopal Church

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 March Lent 2	2	3	4	5	6	7
5:30p Lenten Program with Soup & Salad 6:30p Cub Scouts	6:30p Cub Scouts	6:30p Cub Scouts				
8 March Lent 3 Daylight savings time begins 5:30p Lenten Program with Soup & Salad	9 6:30p Cub Scouts	10 6:30p Cub Scouts 7:15p Vestry	11	12 10:30a Rising Hope Lunch Ministry 12:30p Book Club	13	14 8am Brotherhood Breakfast
15 March Lent 4 5:30p Lenten Program with Soup & Salad	16	17	18	19	20	21
22 March Lent 5 5:30p Lenten Program with Soup & Salad	23	24 6:30p Cub Scouts	25	26 10:30a Rising Hope Lunch Ministry 12:30p Book Club	27	28
29 March Palm Sunday	30 6:30p Cub Scouts	31 6:30p Cub Scouts	1	2 7:30p Maundy Thursday Service	3 Noon Stations of the Cross (outside) 7:30p Good Friday Service	4

EVERY WEEK ~ Ghana Resurrection Methodist Church (GRM)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11:30a Class Meeting 12:30p Worship Service 3p Men's Fellowship					8p Choir	12:30p Youth lp Leaders 7:30p Bible Study & Prayer

Please always check the online calendar for the most up-to-date event information. Go to our website at www.stjamesmv.org and click on Online Calendar. If you would like to add an event to the calendar, please contact the Parish Office.



St. James' Episcopal Church Mount Vernon, VA 5614 Old Mill Road Alexandria, VA 22309-3332 703-780-3081 www.stjamesmv.org



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RETURN SERVICE REQUESTED

Holy Week at St. James'



Palm Sunday

March 29 8:00am and 10:15am Holy Eucharist with Liturgy of the Palms

Maundy Thursday

April 2 7:30pm

Holy Eucharist, Foot Washing and Striping of the Altar

Good Friday

April 3

12:00pm Stations of the Cross (outside, weather permitting)

7:30pm Proper Liturgy for Good Friday

Easter Sunday

April 5 8:00am and 10:15am Celebration of the Resurrection

Easter Egg Hunt and Reception following 10:15am service