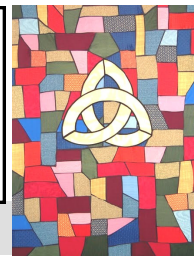




St. James' Notes

Volume 53, Issue 6

Summer 2016



Empowered by the Holy Spirit to be faithful disciples of Jesus, St. James' serves as a beacon of God's love and as a caring Christian family for the community, the nation and the world by seeking to restore all to unity with God and one another and by proclaiming the Good News through worship, witness, education, fellowship and service.

St. James'
Episcopal Church
at Mount Vernon
A parish church in the
Episcopal Diocese
of Virginia and member
of the worldwide Anglican
Communion.



Dear People of St. James',

The Day of Pentecost arrived in a flaming blaze of song and color, joyfully remembering the gift of the Holy Spirit to the disciples of Jesus. This year we celebrated Pentecost with a wonderful baptism that called us all to renew our own baptismal life and commitments. And then, with a final gust of the Spirit's blowing, we entered the long period of Ordinary Time, when the weeks settle into a routine that lasts until Advent.

Ordinary Time... many people remember this time in the church year as the season of Pentecost. However, there is no annual season of Pentecost... there is just one time of Pentecost, that began on the first Pentecost Sunday two thousand years ago and that has continued without interruption ever since. We live in the time of Pentecost, always under the guidance of the Spirit.

The arrival of Ordinary Time corresponds with the arrival of summer, and with the winding down of the busy schedule and activities of the church year. The choir and weekly Bible study take a summer break to accommodate summer plans. Our worship takes on a more casual feel, and we relax into the regular "ordinary" rhythms of life.

Sadly, human suffering is also "ordinary" in our world. Basic human needs do not take a vacation, and so our work to feed and clothe the hungry and the homeless continues, as we prepare meals for Rising Hope Mission Church twice a month. When we gather to pray and lift up the concerns of the world to God, we are doing vital work that can never cease.

God has made us a new people in Jesus Christ, and given us new lives. In our new lives, it is ordinary for us to love one another; it is ordinary for us to seek friendship and reconciliation with aliens and enemies; it is ordinary for us to give our selves for the welfare of others. What is ordinary for us, is extraordinary in the eyes of the world.

In Christ, Charles+



We baptized Whitney Bowker on Pentecost Sunday. What a happy family!

Thank you Sunday School Teachers!

Our last day of children's Sunday School is June 19. We are so appreciative to our wonderful team of volunteer teachers. Thank you to Francesca Wallace, Mary Lowe, Andrew & Rosemarie Richard, Mark & McKayla Braden and Eric & Marge Katz. Thank you also to our occasional teachers, Heidi Brock, Stan Dawson and Peg Iber. Sunday School will start up again on September 11.

*Thank
you*

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St. James' Episcopal Church at Mount Vernon

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Book Club

St. James' Book Club will meet on Thursday, June 9, at noon at Lib Mueller's house for a pot luck lunch and a planning session for the books we will read starting in September 2016. We welcome new members!

Note: On Sunday, July 10, there will be one 10:15am service of Morning Prayer at St. James'.

Summer Break

Wednesday Bible Study and Holy Eucharist with Healing will take a break this summer from June 8 to September 7.

Altar Flowers at St. James'

Thank you to everyone who so generously gives to the St. James' flower fund so we can have beautiful flowers on the Altar each Sunday.

If you would like to give flowers in thanksgiving or in memory of a loved one, please see the sign-up poster in the gallery. Mark your name next to the date you would like. Take a form that you can fill out and return to the church office at least one week before your flower date so we can announce your gift in the Sunday bulletin. Any donation amount is welcome. Usually \$75 is sufficient to completely cover the cost of both arrangements on the Sunday altar. You are certainly free to take the flowers home with you after the worship service. Thank you!



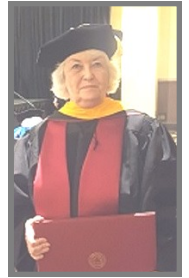
Shrine Mont Weekend Away July 8 to July 10



We are excited to once again be heading back to the mountains, and can't wait to share some fellowship and worship while enjoying everything Shrine Mont has to offer. Please take some time to browse the Shrine Mont website. (www.shrinemont.com) We have an inspirational program planned for adults and children. There is free time to enjoy the beautiful location, exceptionally good meals, and a special outdoor worship service. Shrine Mont is about a three hour drive, carpooling can be arranged. Plan to arrive around 5:30pm on Friday and stay until after lunch on Sunday. Sign up on the poster in the gallery. If you have any questions, ask Sean or Francesca Wallace, we will be at church on Sunday - or you can reach us at sw@wavetechservices.com or cescarusk@yahoo.com. And of course you can talk to anyone who has gone before to find out more about this very special place.

Congratulations Ruth!

On May 6, 2016, our good friend and past interim priest, Rev. Ruth Walsh, received a professional doctorate in psychology (with a specialization in pastoral logotherapy) from the Graduate Theological Foundation, Mishawaka, Indiana. Logotherapy was developed by neurologist and psychiatrist Viktor Frankl as "existential analysis," an alternative to Freud's "psychoanalysis" and Adler's "individual psychology." Rev. Walsh plans to use her understanding of logotherapy to help our nation's military (active and retired) find meaning in life after the traumas of war.



Mission and Outreach

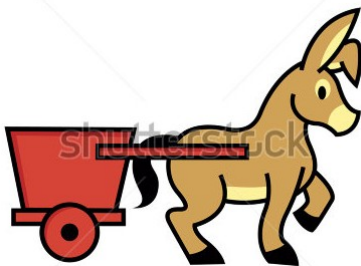
Second Quarter Mission Back Pack Drive

We are collecting back packs and monetary donations for the UCM Back To School Program. Please look for those larger-sized backpacks for our middle and high school students. Gender-neutral colors are preferred for all grade levels. A \$40 donation will outfit one child with a new backpack and basic school supplies. You may drop off your backpack donation in the gallery. If making a monetary donation for the Second Quarter, please note that in the memo portion of your check. Donations will be accepted until noon on Friday, August 5.



Report from First Quarter Mission

Thank you to everyone who donated to Episcopal Relief and Development "Gifts for Life" fund. Your donations help needy families across the world. We are still tabulating the generosity of all the gifts from St. James' but we can tell you that one donkey with plow & cart for women farmers was donated. Thank you!



Rising Hope Food Pantry

Please continue to bring food for the Red Wagon. These donations go to Rising Hope Food Pantry Mission. As summer begins, many families cannot count on school lunches that are free or discounted. Your continued support of the Rising Hope Food Pantry ensures that family will not have to worry about where their next meal is coming from.



- ◇ Canned meats /soups with meat
- ◇ Pasta, rice, dry beans
- ◇ Canned tomato products
- ◇ Canned vegetables, fruits, beans
- ◇ Cereal
- ◇ Powdered drink, ice tea mix
- ◇ Coffee, tea bags
- ◇ Peanut butter, jelly
- ◇ Salad dressing - Italian and Ranch
- ◇ Dish soap, "pot scrubbers"



Hot Lunches for Rising Hope

St. James' volunteers prepare and deliver hot lunches twice each month to 70 people at Rising Hope Mission Church. These folks are the areas poorest along our Route 1 corridor. Each lunch is so appreciated by those being fed. If you would like to help, please call Marge Katz at (412) 303-7801. The "cookers" are divided into teams so you only need to cook once a month. Thanks!

Prayers

We pray for strength, guidance and healing for: Meghan, Muriel, Muriel Sue, Esther, Nora, Roger, Mary, Jeff, George, Andy, Ward, Susanne, Sara, Helen, Erron, Bob, Brittany and Baby Luke, Evelyn, Tad, Ben, Chelsey, Jane K., Jamie, Pete & Larry, Nora & Argerly, Ed, Judy, Bill B, Sharon



A Summer Note

From The Parish Treasurer

As summer approaches we are all planning our time away from our busy lives. Perhaps it is a trip to see our relatives or to the beach, etc., but whatever it is remember that St. James' will still be here providing the mission it was built for and operates to accomplish. The operating costs and salaries continue right through the summer at an average of \$25,060 per month. Traditionally, our monthly receipts languish during the summer months and we then must play "catch up" for the rest of the year, hopefully fully recovering by the end of December. With a bit of preplanning, your pledges and donations could continue on a more even keel throughout the summer, keeping our church resources in a more balanced and healthy state to assure mission and operations. Not a sermon, just an thought.

Summer Birthdays and Anniversaries



1	Mark Braden
7	Laura Riley
12	Sarah Morgan
15	Antonia Rodriguez
20	Mike Viani
25	Jennifer Morgan Boyle
27	Cheryl Viani



1	Crystal Prigmore	14	Debby McConnell
6	Jackson Collins	14	Elizabeth Walters
6	Jed Smith	16	Suzanne Synnestvedt
8	Keith Riley	18	Owen Eustis
8	Bo Temple	21	Nancy McDougall
9	Bob Blair	22	Doug Cleary
10	Vicki Iber	31	Anne Smith
		31	Charles Brock



1	Katie Eustis
6	Marge Smith
7	Rosemarie Richard
13	Lib Mueller
14	Jane Fitz
14	Heidi Brock
16	Kimberly Stowell
16	Janet Morgan
21	Rosalie Mow
22	Bob Fitz
23	Jane Wosoogh
27	John Thompson



Doug & Amy Smith
June 7, 2008

Dean & Nancy Sherick
June 12, 1999

Bob & Mary Whitehouse
June 19, 1992

Chris & Naomi Iber
July 3, 1998

Bob & Jane Fitz
August 7, 2004

Larry & Lora Jane Lisle
August 10, 1968

Aaron & Kimberly Stowell
August 10, 2002

Mike & Valerie Morgan
August 24, 1974

Bill & Peggy Iber
August 26, 1963

Mark & Mckayla Braden
August 27, 1977

John & Sara Thompson
August 31, 1985

We Want to Include You

If you don't see your birthday or anniversary listed here, please let us know so that we can include you. You may email to office@stjamesmv.org or call (703) 780-3081. Thanks!

From the Senior Warden

Dear Fellow Parishioners,

Can you believe we are almost at the half way point of our 2016 journey? Please be sure to place our picnic Sunday, June 5th on your calendar to help celebrate the end of our school year and the end of Spring - or, at least to celebrate the end of excessive rain and chill. As summer is already upon us, we manage to adapt to the heat and slower pace, because as good stewards, we go into it prepared. Yes, our work continues throughout the summer, as we prepare for the new school year, and for new parishioners - to bring others nearer to Christ through St. James'.



Yours In Christ,

Mike

PS - Let me leave you with a verse from the prophet Jeremiah:



For he will be like a tree planted by the water, That extends its roots by a stream And will not fear when the heat comes; But its leaves will be green, And it will not be anxious in a year of drought nor cease to yield fruit.

Choir Notes

Dear Friends,

Last month I started with, “*Sumer is icumen in*”, or “summer has come.” Really. Sometime soon. I asked for suggestions for hymns to be sung during the summer, and I thank you for those that you have already made. Last call until next year – I’ll have the suggestion forms available until June 5.



As we reach the summer break for the choir, I want to thank all our musicians for their faithful service and for sharing their talents with all of us. According to *Choral Journal*, “most sources agree that somewhere between 30% and 60% of a worship service consists of music.” So for an hour’s service, the choir is helping lead somewhere between 18 to 36 minutes of music. They work hard to be ready to do so, and put in about five to seven times that amount of time in thoughtful preparation. Thanks Jane, Jane, Mary, Penny, Cheryl, Peggy, John, Bob, Gordon, Bill, Mike, Craig, Bob, Ann, and Mary!

I wish you a song-filled summer – when it gets here! Sing to the Lord a new (or old) song!

Soli Deo gloria,

Alan Moser



Schedule of Ministry ~ June 5 to July 3

	June 5	June 12	June 19	June 26	July 3
	Pentecost 3	Pentecost 4	Pentecost 5	Pentecost 6	Pentecost 7
Celebrant	The Rev. Charles Brock	Morning Prayer	The Rev. Charles Brock	The Rev. Dr. Anne Ritchie	The Rev. Charles Brock
Vestry Person	Mark Braden	Mary Bramley	David Lowe	Peggy Rudesheim	Mike Morgan
Welcoming Team	Eric Katz	Ellen Cleary	Laurie doCarmo	Marge Katz	Mike Morgan
Ushers	Ray Smith	Peg Iber	Wayne Johnson	Eric Katz	Peg Iber
	Marge Smith	Barbara Riley	Ben Wosoogh	Marge Katz	Barbara Riley
	8:00am	8:00am	8:00am	8:00am	8:00am
Chalice	Stan Dawson	Officiant: Nebiyou Tesfaye	Paul Vivian	David Batcheller	Vicky Vivian
Lector	Vicky Vivian	David Batcheller	Agnes Chapman	Stan Dawson	Janet Fallin
Psalm	Stan Dawson	Nebiyou Tesfaye	Paul Vivian	David Batcheller	Vicky Vivian
Prayers	Mark Braden	Mary Bramley	David Lowe	Peggy Rudesheim	Mike Morgan
	10:00am	10:00am	10:00am		
Sunday School	Francesca Wallace Mary Lowe	Eric Katz Marge Katz	Andrew Richard Rosemarie Richard	Summer Break	Summer Break
	10:15am	10:15am	10:15am	10:15am	10:15am
Chalice	Peg Iber	Officiant: Peggy Rudesheim	Mary Bramley	Bob Fitz	Mike Morgan
Lesson 1	John Thompson	Ben Justesen	Bob Blair	Mary Lowe	Cheryl Nostrand
Psalm	Mark Braden	James Eustis	Mary Blair	Bill Iber	Suzanne Synnestvedt
Lesson 2	Sean Wallace	Peggy Rudesheim	McKayla Braden	Gordon Grant	Hank Morgan
Prayers	Marghe Bowker	Peg Iber	Francesca Wallace	Nancy Sherick	Bob Fitz
Sacraments	Wallace Family		Bob Blair Mary Blair	Laurie doCarmo Lib Mueller	Eric Katz Marge Katz
Acolyte	Amber Tussing	Amber Tussing	Zoe Wallace	Mary Bramley	Ben Justesen
Nursery Volunteer	Volunteer Needed	Volunteer Needed	Volunteer Needed	Volunteer Needed	Volunteer Needed
Organist	Alan Moser	Alan Moser	Catherine Dubas	Alan Moser	Alan Moser
Counter	Nancy Sherick	Jane Wosoogh	Wayne Johnson	Nancy Sherick	Nancy Sherick
Altar Guild	Iber Team	Iber Team	Iber Team	Iber Team	Iber Team
Snack	Nebiyou & Hewan	Rajotte Family			Nebiyou & Hewan

The July and August Schedule of Ministry will be available at the end of each month prior.

Summer 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29 May Pentecost 2	30 Memorial Day	31	1 June 6:30 Cub Scouts	2 10a Lunch Ministry	3	4
5 June Pentecost 3 All Church Picnic 6:30 Cub Scouts	6	7 6:30 Cub Scouts	8 6:30 Cub Scouts	9 10a Lunch Ministry Noon Book Club Luncheon	10	11 8am Brotherhood Breakfast
12 June Pentecost 4 6:30 Cub Scouts	13 6:30 Cub Scouts	14 7:15p Vestry Meeting	15	16	17	18
19 June Pentecost 5	20	21	22	23	24	25
26 June Pentecost 6	27	28	29	30	1 July	2
3 July Pentecost 7	4 Independence Day	5	6	7 10a Lunch Ministry	8 Shrine Mont	9 Shrine Mont
10 July Shrine Mont	11	12 7:15p Vestry Meeting	13	14 10a Lunch Ministry	15	16
17 July Pentecost 9	18	19	20	21	22	23
24 July Feast of St. James ‘	25	26	27	28	29	30
31 July Pentecost 11	1 August	2	3	4 10a Lunch Ministry	5	6
7 August Pentecost 12	8	9 7:15p Vestry Meeting	10	11 10a Lunch Ministry	12	13 8am Brotherhood Breakfast
14 August Pentecost 13	15	16	17	18	19	20
21 August Pentecost 14	22	23	24	25	26	27
28 August Pentecost 15	29	30	31	1 September 10a Lunch Ministry	2	3

Please always check the online calendar for the most up-to-date event information. Go to our website at www.stjamesmv.org and click on Online Calendar. If you would like to add an event to the calendar, please contact the Parish Office.



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Alexandria, VA 22309-3332
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June 5 ~ Church Picnic

Come and enjoy a relaxing and fun lunch at the church picnic on Sunday, June 5, after the 10:15am service (rain or shine).

Everyone bring a dish to share. Burgers and hotdogs will be provided.

See you there!

