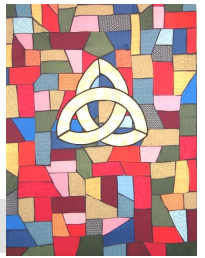




St. James' Notes

Volume 51, Issue 7/8

July/August 2014



Empowered by the Holy Spirit to be faithful disciples of Jesus, St. James' serves as a beacon of God's love and as a caring Christian family for the community, the nation and the world by seeking to restore all to unity with God and one another and by proclaiming the Good News through worship, witness, education, fellowship and service.

St. James'
Episcopal Church
at Mount Vernon
A parish church in the
Episcopal Diocese
of Virginia and member
of the worldwide Anglican
Communion.



Dear People of St. James',

What is the Gospel? The Gospel is the Good News of Jesus Christ. The Gospel is Good News!

It is all too easy for us to forget that the Gospel is Good News, and fall into the trap of thinking of the Gospel as an ethical instruction manual, telling us how we ought to live our lives. Certainly it is filled with positive directions. But if we focus on what we should do, then we may lose sight of the fundamental joy of the church—to celebrate the Good News of what God is doing among us. The Gospel is Good News, and we gather to celebrate.

God is doing great things among us now through Jesus and the Holy Spirit. We celebrate God's work in the joy of our worship. We celebrate God's work in feeding the hungry at Rising Hope Mission Church. We celebrate God's presence in the fellowship we share together. We celebrate God's love in our outpouring of support to those in crisis and grief. God reveals his glory to us every day in the rising of the sun, the changing of the seasons, the majesty of his creation.

The Eucharistic Prayer each week joyfully begins, "Lift up your hearts!" Our spiritual life is shaped by how we see God at work about us, and how we cultivate our own "attitude of gratitude." We do not come to church to be told what we ought or need to do... we are the church that hears, sees, and celebrates God's great works. It is Good News! And all else flows from that. Praise God from whom all blessings flow!

In Christ,

Charles+



FUN AT THE PICNIC



Thanks to George Holthaus for taking these great pics.

St. James' Episcopal Church at Mount Vernon

The Diocese of Virginia

The Rt. Rev. Shannon S.
Johnston
Diocesan Bishop

The Rt. Rev. Susan E. Goff
Bishop Suffragan

The Rt. Rev. Edwin F. "Ted"
Gulick Jr.
Assistant Bishop

The Rev. Charles F. Brock
Rector

Staff

Jenny Kennedy
Parish Administrator

Alan Moser
Director of Music

Boahemaa Nketia
Nursery Director

Vestry

Ray Smith
Senior Warden

Cheryl Viani
Junior Warden

Marghe Bowker
Local & World Outreach

Ben Justesen
Christian Education

Dean Sherick
Plant & Property

Sara Thompson
Growth & Evangelism

Mary Jane Van den Berg
Parish Family

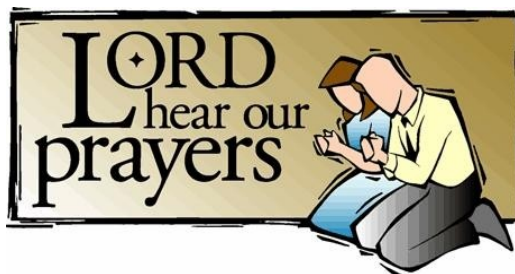
Bill Iber
Treasurer

Jane Fitz
Register

Trustees

Peg Iber
Lib Mueller
Ray Smith

Bulletin Board



Prayer List – A Fresh Start

We are going to make a fresh start with our Prayer List. Please let the church office know by August 15 if you would like to continue a name currently on the Prayer List. After August 15 all names that have not been renewed will be removed. As always, if you would like to add a name to the Prayer List, please contact the church office. The Prayer List is published in the Sunday Bulletin and in the monthly St. James' Notes. We normally only include first names on the list, and we appreciate your telling us when we can remove a name from the Prayer List.



We Recycle at St. James'.

Thank you to our team of recyclers for doing a great job. Additional volunteers are welcome. It just takes one hour every 6 weeks to collect the recycling at the church. Contact the church office or Marghe Bowker if you interested.

| | |
|------------|------------------|
| July 4-5 | Marghe Bowker |
| July 11-12 | Eric Katz |
| July 18-19 | Janet Fallin |
| July 25-26 | David Batcheller |
| Aug 1-2 | Mike Morgan |
| Aug. 8-9 | Marghe Bowker |
| Aug. 15-16 | Eric Katz |
| Aug. 22-23 | Janet Fallin |
| Aug. 29-30 | David Batcheller |



Potomac Nationals Baseball Outing Saturday, July 26

Save the date for our annual event to a Minor League Baseball Game. Tickets are very affordable and it is fun day for fans of all ages. Watch for the sign-up poster in late June or call the church office if you have questions.

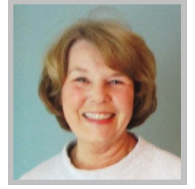
Art & Craft Fair September 20

Would you like to display? Can you volunteer? Please let Laurie doCarmo or Andy De La Cour know. With all the talent in this church, we will have another outstanding fair!



From the Junior Warden

Our spring picnic was lots of fun. Luckily, we had beautiful weather. After a long, hard winter, it was so nice to sit under the trees and eat, enjoy each other's company, and watch the children play. Thank you to the Brotherhood of St. Andrew, to all our cooks, to everyone who worked together to set up and clean up, and to all who helped make the day so enjoyable.



Those lazy, hazy days of summer are upon us. The pace of life slows down and the change in routine is welcome. Summer days bring their own kind of fun and special memories—family vacations; trips to the pool, beach, or lake; barbecues, etc. Here at St. James', we have a few plans to add to your summer fun—summer choir; the Potomac Nationals baseball game on July 26, and the progressive dinner on August 2. Remember, you can bring along family and friends who may be visiting. We'd love to meet them.

Also, don't forget to check out the used book sale in Braxton Hall for your summer reading enjoyment.

I wish you all a safe and happy summer.

Cheryl Viani

Music Ministry Notes

*"When in our music God is glorified..."**



We have come to the end of the choir's year; your senior choir will be enjoying a few weeks of rest and relaxation before resuming rehearsals again on August 27 and again taking their places in the chancel on September 7.

I want to thank the dozen dedicated denizens of the choir loft for their faithful service throughout this year. They have learned new music, revived old favorites, sung solos, and cheerfully helped lead the worship of the church. By the way, at the same time they were filling all sorts of other roles in the parish: maintaining the building, paying the bills, planning the crafts fair, leading the Daughters, coordinating mission (and the list goes on).

It is a delight and privilege to be part of the life of the church in its music. THANKS to each of you.

You are invited to be part of the **SUMMER CHOIR** – no vestments, no Wednesday night rehearsals. Just come on Sunday morning at 9:30 and gather in the choir. We will dust off an old anthem or simply prepare a hymn to be presented at the offertory of that morning's service. Come one Sunday or come every Sunday in July.

*"How often, making music, we have found a new dimension in the world of sound, as worship moved us to a more profound Alleluia!"**

As I write this, I am immersed in two weeks of classes of the Church Music Institute at Shenandoah Conservatory in Winchester. It has been a great opportunity to share with other church musicians and professors in the use of music for worship in various traditions. There are lots of great ideas, including some that may not yet be entirely applicable for me, but all offered to the glory of God. I find myself thinking about how our theology is expressed in our songs, and how I could phrase a prayer just in the titles or first lines of the texts. For example,

"Breathe on me, breath of God, fill me with life anew..." "Dear Lord and Father of mankind, forgive our foolish ways!"

Maybe, though, it's better to savor the beauty of the entire text of faithful writers throughout the ages and pray my way through the hymnal. I think one of the hymns that would stick with me is found at #654:

"Day by day, dear Lord, of thee three things I pray: to see thee more clearly, love thee more dearly, follow thee more nearly, day by day."

Whatever form your prayers may take, I hope they are with a song in your heart.

Soli Deo Gloria!

Alan

*From verse by Fred Pratt Green (1903-2000). You can find the whole poem in the Hymnal 1982, #420.

Outreach

Mission of the 3rd Quarter, Schools in Kenya and our Route 1 Corridor

The Outreach Committee proposes to finish building the classroom in Ngambenyi, Kenya. Raising \$2,100 will supply the school with windows, a door, paint for the walls, and make the room useable for the 7th grade. The parents volunteer their work if we can purchase the materials. Fundraising will run from July through September or until the goal is reached. You may use the envelopes in the pews to make your donation. Please mark Kenya in the memo line.

In August, St. James will collect backpacks and school supplies for children of Rising Hope Mission Church and UCM, so that the poorest children in our area can join their classmates in being ready for school in the fall.

Fill the Wagon Every Week ~ Food Pantry Donations Always Needed



During April & May we have collected 153 pairs of socks and 17 bags of food, a minimum of 8 items/bag, for the Rising Hope Mission Church Pantry. A hungry family may fill a bag once each week from the tiny pantry; our donations don't last long. Please, continue to bring a few items every week.

Thanks to everyone for generously contributing to the clothing and linens collection for Rising Hope in June.



Meeting of the Outreach Committee

Sunday, July 13, after the 10:15 am Worship service. Everyone is welcome to help plan the quarterly missions and allocate half of our budgeted outreach funds.

Hot Lunches for Rising Hope

Starting in May, 12-14 volunteers delivered hot lunches twice each month for 50-60 of the areas poorest along our Route 1 corridor. The menus included Beef Bolognaise, Chicken, Spaghetti & Meatballs, Meat Loaf all with sides and salads. Each lunch costs the donors \$85-125 total. This ministry is easy because Marge Katz decides the menus, and cooks deliver their dish to the church. **More cooks are always needed;** any leftovers are frozen or served next day. This ministry will warm your heart and the stomachs of the homeless.

We have two teams that make home-cooked meals the first and second Thursdays of every month. The meals are collected at St. James'. The menu for July 3 (Team 1) is hotdogs with beans and a side dish of your choosing. For July 10 (Team 2) the menu is BBQ chicken and a side of your choosing.

If you would like to join this ministry or if you just want to sign up to prepare a dish occasionally, please call Marge Katz at (412) 303-7801. Thanks!

Rising Hope United Methodist Mission Church

This Mission Church serves the poorest in our neighborhood. In an average year it reaches nearly 8,000 individuals, supplies 2,000 families with food, and serves 18,000 hot lunches to the hungry. In addition to gatherings for worship, Rising Hope offers Bible study, mentoring, substance abuse counseling. Rising Hope connects the spiritual with the practical through job fairs, interview preparation, budgeting and financial classes, HIV testing, jail visitation, emergency housing referrals, summer Bible camp and more. Nearly 2/3 of Rising Hope's members are, or have been, homeless; many of its successful "graduates" return to volunteer.

Rising Hope is a worthy and successful way for St. James' parishioners to follow Jesus' teaching. Please help us continue the hot lunch and food donation programs throughout the year.

Prayers

July Birthdays

1 Crystal Prigmore
6 Jackson Collins
6 Jed Smith
7 Lana Butler
8 Keith Riley
8 Bo Temple
9 Bob Blair
10 Vicki Iber
10 Amy Chalfant
12 Thompson Ball
13 Peggy Williams
13 Valerie Haines
14 Debby McConnell
14 Elizabeth Walters
21 Nancy McDougall
22 Doug Cleary
29 Roy Williams
31 Anne Smith
31 Charles Brock



August Birthdays

6 Marge Smith
7 Rosemarie Richard
13 Lib Mueller
14 Jane Fitz
14 Heidi Brock
16 Kimberly Stowell
16 Janet Morgan
21 Rosalie Mow
22 Bob Fitz
23 Jane Wosoogh
27 John Thompson
29 Evelyn Morgan

Anniversaries

July 3, 1998
Chris & Naomi Iber
July 21
Richard & Lana Butler
August 7, 2004
Bob & Jane Fitz
August 10, 1968
Larry & Lora Jane Lisle
August 10, 2002
Aaron & Kimberly Stowell
August 24, 1974
Mike & Valerie Morgan
August 26, 1963
Bill & Peggy Iber
August 27, 1977
Mark & McKayla Braden
August 31, 1985
John & Sara Thompson



PRAYER LIST

We pray for strength, guidance and healing for: Esther, Nora, Jenny, Muriel, Muriel Sue, Bo, Jenn, Stephanie, Gavin, Margaret, Vincent, Sina, Jeff, Bob, Becca, Elizabeth, Virginia, Dorothea, Joy, Daniel, Hank, Maire, Elizabeth, Anne, Roger, Olivia, Christine, Gordon, Richard, Shirley, Amber, Barbara, Joy Lee, Christopher

We pray for the safety and protection of the men and women serving in our Armed Forces, especially those who serve in harm's way in Afghanistan & Iraq: Captain Paul Lowman, and all those injured or wounded.

We Want to Include You!

If you don't see your birthday or anniversary listed here, please let us know so that we can include you. You may email to office@stjamesmv.org or call (703) 780-3081. Thanks!



Thank You

Dear St. James' Family,

On behalf of Jane and I, and our family members, I want to express our heartfelt thanks for the support and sympathy you all have given us following my son's death. We all felt surrounded by your love and prayerful embrace as we worked through our grief.

As some of you know, many of my and Jane's family members are not regular church attendees. What they experienced at St. James' has made a powerful impression on them on what our Christian faith is really all about: knowledge of a joyful resurrection through Jesus; love of one another, and the willingness to put those beliefs into practice by supporting one another especially during times of crisis.

If there is such a thing as a beautiful funeral, my son's one was that, and in large part because of the wonderful support provided by so many of you and the church's organizations like the Altar Guild, Daughters of the King, Brotherhood of St. Andrew, and our fabulous choir.

I will be forever grateful and always proud of my church and all of you.

*With thanks,
Bob*

Schedule of Ministry ~ July 6 to August 3

| | July 6 | July 13 | July 20 | July 27 | August 3 |
|--------------------------|------------------------|------------------------|------------------------|--------------------------------|------------------------|
| | Pentecost 4 | Pentecost 5 | Pentecost 6 | Pentecost 7 | Pentecost 8 |
| | Baptism | | Morning Prayer | Feast of St. James the Apostle | |
| Celebrant | The Rev. Charles Brock | The Rev. Charles Brock | Officiant: Bill Iber | The Rev. Charles Brock | The Rev. Charles Brock |
| Vestry Person of the Day | Ray Smith | Sara Thompson | Mary Jane VandenBerg | Cheryl Viani | Marghe Bowker |
| Welcoming Team | Lib Muller | Andy DeLaCour | Laurie doCarmo | Jane Wosoogh | Mike Morgan |
| Ushers | Andrew Richard | Doug Clear | Mike Morgan | Ray Smith | Ben Wosoogh |
| | Rosemarie Richard | Ellen Cleary | Peg Iber | Marge Smith | Barbara Riley |
| | 8:00 AM | 8:00 AM | 8:00 AM | 8:00 AM | 8:00 AM |
| Chalice | Vicky Vivian | David Batcheller | | Mary Blair | Paul Vivian |
| Lector | Mary Blair | Paul Vivian | David Batcheller | Bob Blair | Stan Dwason |
| Psalm | Vicky Vivian | David Batcheller | Stan Dawson | Mary Blair | Paul Vivian |
| Prayers | Ray Smith | Sara Thompson | Mary Jane Van den Berg | Cheryl Viani | Marghe Bowker |
| | 10:15 AM | 10:15 AM | 10:15 AM | 10:15 AM | 10:15 AM |
| Chalice | Mike Morgan | Bob Fitz | | Peg Iber | Amber Tussing |
| Lesson 1 | Gus Braun | Sean Wallace | Sara Thompson | Mary Lowe | James Eustis |
| Psalm | Bob Fitz | Ann Chadwick | Bill Iber | Ben Justesen | Sara Thompson |
| Lesson 2 | Hank Morgan | Cheryl Nostrand | Peg Iber, Gordon Grant | Bill Iber | Suzanne Synnestvedt |
| Prayers | TBA | Dean Sherick | Pat Rowell | John Thompson | Mike Morgan |
| Sacraments | Walsh Family | Katz Family | | Anne Patrick | Rodriguez Family |
| | | | | Barbara Riley | |
| Acolyte | Pat Rowell | Amber Tussing | Ben Justesen | Pat Rowell | Ben Justesen |
| Organist | Alan Moser | Alan Moser | Alan Moser | Alan Moser | Sister Cynthia Serjak |
| Counter | Nancy Sherick | Mike Morgan | Marge Smith | Marge Smith | Nancy Sherick |
| Altar Guild | Iber Team | Iber Team | Viani Team | Viani Team | Viani Team |

The August Schedule of Ministry will be available at the end of July.

July & August 2014

EVERY WEEK at St. James' Episcopal Church

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--------|---------|--|-----------------------------------|--------|--------------|
| 8:00a Holy Eucharist Rite I 9:00 Adult Forum 10:15a Holy Eucharist Rite II 11:30a Coffee | | | 11a Bible Study 12p Holy Eucharist with Healing 12:30p Lunch 8:30p AA Mtg | 6pm Wounded Warrior Support Group | | 8:30p AA Mtg |

THIS MONTH at St. James' Episcopal Church

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--------|--------------------|-------------|---|---|---------------------------------|
| 29 June | 30 | 1 July | 2 | 3 10:30a Rising Hope Lunch Ministry | 4  | 5 |
| 6 July | 7 | 8 7:15p Vestry | 9 | 10 10:30a Rising Hope Lunch Ministry | 11 | 12 8am Brotherhood Breakfast |
| 13 July 11:30a Outreach Meeting | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 July Morning Prayer | 21 | 22 | 23 | 24 | 25 | 26 Baseball Outing |
| 27 July Feast of St. James The Apostle | 28 | 29 | 30 | 31 | 1 August | 2 |
| 3 August | 4 | 5 | 6 | 7 10:30a Rising Hope Lunch Ministry | 8 | 9 8am Brotherhood Breakfast |
| 10 August | 11 | 12 7:15p Vestry | 13 | 14 10:30a Rising Hope Lunch Ministry | 15 | 16 |
| 17 August | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 August Morning Prayer | 25 | 26 | 27 Choir | 28 | 29 | 30 |

EVERY WEEK ~ Ghana Resurrection Methodist Church (GRM)

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--------|---------|-----------|----------|----------|--|
| 11:30a Class Meeting 12:30p Worship Service 3p Men's Fellowship | | | | | 8p Choir | 12:30p Youth 1p Leaders 7:30p Bible Study & Prayer |

Please always check the online calendar for the most up-to-date event information. Go to our website at www.stjamesmv.org and click on Online Calendar. If you would like to add an event to the calendar, please contact the Parish Office.



St. James' Episcopal Church
Mount Vernon, VA
5614 Old Mill Road
Alexandria, VA 22309-3332
703-780-3081 www.stjamesmv.org



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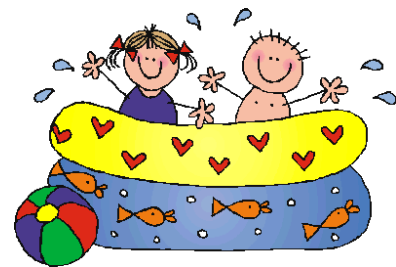
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PERMIT NO. 14
MOUNT VERNON, VA



St. James' Feast Day **July 27**

Wear red in recognition of the feast of St. James. The actual day is July 25, but we will celebrate in church on Sunday, July 27.



Family Summer Meet-up **Week at St. James'** **July 28 to August 1**

Who: Parents of children; babies to 10 yrs. old

Where: St. James' nursery and playground

When: 9am to noon, July 28 to August 1

What: Playtime and Fellowship

Pack a swimsuit for wading pools, bring your favorite summertime toys and meet up with new and old friends. Contact Francesca Rusk-Wallace at cecarusk@yahoo.com or the church office (703) 780-3081 if interested in joining us.