



St. James' Notes



Volume 48, Issue 7/8

July & August 2011



St. James'

Mission Statement

Empowered by the Holy Spirit to be faithful disciples of Jesus, St. James' serves as a beacon of God's love and as a caring Christian family for the community, the nation and the world by seeking to restore all to unity with God and one another and by proclaiming the Good News through worship, witness, education, fellowship and service.

A parish church in the Episcopal Diocese of Virginia and member of the worldwide Anglican Communion.



Happy Summer

In the midst of all our losses I wish to encourage everyone to think toward the future. The summer traditionally has fewer people attend Church because of vacations and other holiday activities. In the busy world in Northern Virginia it is wonderful to get time off to refresh and rest. Having said that I would like you to take a few minutes during the day to pray for the St. James family and the future of this church. I am convinced that our Search Committee is working very hard but their discernment needs to have prayers to under gird their process. At some point I am taking a week off this summer to go to a retreat house to be quiet and pray for St. James. I hope you will follow my lead and find time to pray for the future of St. James so that more persons will continue to be with us and that the right person is chosen to be the Rector.



In His name,

Ruth+

You are in my Thoughts & Prayers



Taking the Long Way



It's human nature to look for shortcuts. We want the quickest, surest route to our destination. Delays, detours and dead ends are frustrating and discouraging.

Consider this: "When Pharaoh let the people go, God did not lead them by way of the land of the Philistines, although that was nearer ... God led the people by the roundabout way of the wilderness toward the Red Sea" (Exodus 13:17-18, NRSV).

The Red Sea looked like a fatal wrong turn, but God was protecting the Israelites. He had a plan in place to lead them to the Promised Land.

When God seems to prefer delays and detours in your life, keep in mind that the long way just might be better.

SHINE This Summer

At Shrine Mont with St. James

July 8-10

More information and signup sheet are in the gallery.



St. James' Episcopal Church Mount Vernon

The Diocese of Virginia

The Rt. Rev. Shannon S. Johnston
Diocesan Bishop

The Rt. Rev. David C. Jones
Bishop Suffragan

The Rt. Rev. Edwin F. "Ted" Gulick Jr.
Assistant Bishop

The Rev. Ruth D. Walsh
Interim Rector

Staff

Jenny Kennedy
Parish Admin

Denise Symonds

Director of Christian Music
Director of Christian Education
VACANT

Norma Eberhardt
Sexton

Boahemaa Nketia
Nursery Director

Vestry

Bill Iber

Senior Warden

Bob Fitz

Junior Warden

Elaine White

Worship & Music

Andy De La Cour

Growth & Evangelism

McKayla Braden

Children's & Youth Ministries

Ann Chadwick

Adult Christian Education

Pat Rowell

National & World Outreach

John Thompson

Community Life & Mission

Larry Sainers

Parish Care,

Coordination & Communications

Nancy Sherick

Plant & Property

Mary Blair

Administration, Finances & Planning

Laurie doCarmo

Parish Events & Activities

Mike Morgan

Treasurer

Barbara Riley

Register

Trustee

Lib Mueller

MARK YOUR CALENDAR



Office Volunteer Needed for Monday, July 11, Thursday, August 18, Friday, August 19 and for the week of August 22 through August 26.

If you are available to cover the phones in the church office, please call Jenny (703) 780-3081.



ART & CRAFT FAIR

SEPTEMBER 17, 2011

Tell your friends, family and neighbors! Artists and crafters – we'd love for you to exhibit or contribute to the St. James' booth. There will be more information about all the many ways you can help in our September newsletter.



Rector's Hours

Sunday Worship 7:30am to 2:00pm

Monday by Phone 9:30am to 4:30pm
(703) 568-0234

Wednesday in Office 9:30am to 2:30pm

Friday in Office 9:30am to 2:30pm

Emergencies: Call Anytime
(703) 568-0234

Rector@StJamesMV.org

Summer Parish Administrator Office Hours
Monday –Friday 8:00am to 12:00pm

Praying Twice

According to legend, the early Christian theologian St. Augustine of Hippo said, "He who sings prays twice." (The Latin wording is actually "He who sings well prays twice," but more on that in a moment.)

Singing, a common element of worship, is a handy way to help children pray.

My 6-year-old, who loves to sing, was surprised and delighted when I told him a praise song he'd just learned could also be his bedtime prayer. He sings off-key, forgets some words and doesn't want help from Mom; he just sings his little heart out.

But what of older churchgoers who stay silent during hymns, fearful that they don't sing well enough? Forget the Latin translation! Long before Augustine, a psalmist wrote, "Make a joyful noise unto the LORD, all ye lands!" (Psalm 100:1, KJV; emphasis added). Why not pray twice today?

-Heidi Mann



SENIOR WARDEN CORNER

I am afraid that my words this month might be a bit somber as I recollect the interment of our Trustee William Taylor and our long time parishioner Paul Walters. The passing of another St. James' Trustee, Thomas Chadwick, this week has further deepened our sense of loss. All three of these men were giants in life, with service to their country and their fellow man as the mainstay of their life efforts. Whether serving in the military, public service or supporting our nation with their energy and knowledge, when needed, they have certainly made an invaluable contribution in their time!



Definitely men to emulate for all of us, but even further because of their deep and unending love which Christ has commanded us to have toward one another. These were men of faith in God and His creation. Their selfless love makes their lives stand out among other men. They can certainly say that they made a difference in this world by serving the common good.

All three were gentle giants. They were friends to all with words of encouragement and most importantly acting out their faith for others to see. What greater testimony to Christ's love could we possibly witness? As we approach the weeks ahead, let us ask who will fill the void of such leaders and examples here at St. James? Are you ready to fill their shoes? Let us all pray that those voids will be filled and that we can all live a life of such strong faith and love.

God has blessed us with such men and I have faith that He will provide us with others to strengthen and carry on His mission for St. James'.

We all are saddened by their passing and pour out our love to their family and friends at this solemn time. Yet, we celebrate their lives and rejoice in the knowledge they are with their Lord.

“Well done, thy good and faithful servants”

In His service,

Bill

FROM THE JUNIOR WARDEN

It is with sadness that I write this article for our summer edition of St. James' Notes. Two towering individuals in the life of St. James' have passed away: Bill Taylor and Tom Chadwick. I am saddened because they both played an important role in my own journey as a Christian man of faith through the examples they provided. Both men led exemplary lives, achieving both professional and personal success in multiple areas. But they also maintained and manifested a personal faith in Jesus Christ as our savior, and a commitment to put that faith to action, that I found inspirational and motivating



Bill Taylor, a founding member of St. James', was to me an example of Jesus' exhortation to go forth into the world making disciples of all and serving all as a servant of God. Bill was our conscious – constantly reminding us that a primary mission as Christians was to reach out to others both locally and throughout the world. He always pushed us to do more through outreach.

Tom Chadwick, one of our lay pastoral care providers, was to me an example of Jesus' exhortation to love our neighbors as ourselves. Tom was our evangelist – providing Eucharist to the shut in, transportation to the home bound, help of all kind to those in need. He showed by his personal example that one person can make a big difference in the life of another just by getting involved.

Will I miss them? Unequivocally YES. It will be up to all of us to cherish their memory by helping pick up the mantle of service they so unselfishly provided these many years.

Bob

BULLETIN BOARD

BIBLE QUIZ

Many people travel for leisure during the summer. In Bible days, travel was most often done out of necessity. Scripture records many notable journeys.



Match the people in the left-hand column with their correct travels in the right-hand column.

- A. Abraham and Sarah
- B. Mary, Jesus' mother
- C. Joseph, Mary and Jesus
- D. Apostle Paul

- 1. Traveled to visit cousin Elizabeth
- 2. Traveled from Haran to the land of Canaan
- 3. Took missionary journeys to Turkey, Macedonia
- 4. Traveled to Egypt to flee from King Herod

Answers: A, 2, B, 1, C, 4, D, 3



Whatever the Weather

No matter the forecast, weather can remind us of God's presence:

When it's sunny, remember that Jesus is the light of the world (John 8:12).

When it's cloudy, remember that God often spoke to and guided his people from a cloud (Exodus 13:21-22.)

During a thunderstorm, remember the thunder and lightning when God beckoned Moses to Mount Sinai (Exodus 19:16).

When it rains or snows, remember that God's Word serves his purpose just as precipitation does (Isaiah 55:10-11).

When it's windy, remember that "a wind from God" came at Creation (Genesis 1:2), and God's Holy Spirit arrived at Pentecost like a mighty wind (Acts 2:2).

"If we ever forget that we are One Nation Under God, then we will be a nation gone under."
- Ronald Reagan

"I was not born to be free: I was born to adore and to obey."
~C.S. Lewis

"To see a world in a grain of sand, and a heaven in a wild flower, hold Infinity in the palm of your hand, and eternity in an hour."

~ William Blake

Vocation Time

It's powerful to know that God is using you to accomplish amazing things. Summer can provide opportunity for such experiences. Call it a "vocation vacation"! (A vocation is something God calls you to do.)

If you're planning a family trip, for example, call ahead and offer to donate some time at a local homeless shelter or urban ministry. Ask for a short tour, as well. If you want to hike in the mountains, contact a Bible camp to see if they need volunteers. Or call a local YMCA, parks-and-recreation department or volunteer hotline to see where assistance is desired. Other possibilities include volunteering for programs that allow people with special needs or the elderly to enjoy outdoor activities.

You'll enjoy summertime fun (vacation) and the knowledge that God is working through you (vocation).



Good Night

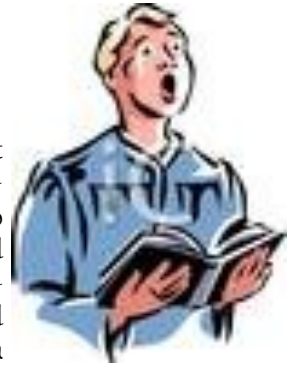
Good night! Good night!
Far flies the light;
But still God's love
Shall flame above,
Making all bright.
Good night! Good night!
—Victor Hugo

MUSIC NOTES

SUMMER TIPS FOR THE SINGER

Here are some tips for keeping your voice healthy over the summer.

Practice **RELAXATION**. Sounds easy, right? Not always! If you are tense, stressed, or upset it causes your vocal cords to become tight and to shorten. It is important that you practice relaxation exercises as a daily routine so that you can condition yourself to become relaxed at the snap of a finger. Here are two exercises to help. 1) Sit in a comfortable chair, tighten up your fists and suddenly relax them, letting them go limp. Do this with your legs, arms, etc., and most importantly, your jaw. 2) Create a big smile on your face and hold it for one full minute. A prolonged smile will actually cause your brain to secrete endorphins which make you feel good and create a sense of relaxation over your body. If your body is relaxed, your vocal cords are relaxed, loosened and elongated. Also get plenty of sleep!



Condition your body to **BREATHE** properly – deeply. The diaphragm is a sheet of muscle that your lungs sit on. When you breathe deeply you push this muscle downwards, and when you let go it springs back up like a coil and pushes the air past your vocal cords, without you even trying or straining. This is singing effortlessly. Here are a couple of exercises to help: 1) Lie on your back on the floor with a pillow under your head (let's get comfortable now!) Place a large book on your stomach and breath in and out to make the book move up and down. 2) Sit in a comfortable chair, lean forward until the stomach is actually touching the upper thighs. Drop your arms toward the floor. Breathe deeply into your stomach and allow the air to make the upper body move upwards, then slowly exhale and let your upper body fall back onto your legs.

Drink plenty of water and sing in the shower! Your vocal cords need **MOISTURE** to sing well, to sing high notes, and to sing low notes. When you breathe in the moisturized air, it causes your vocal cords to relax and elongate. This is the safest place to do vocal workouts. Practice your scales in the shower!

IMITATE an opera singer. *I'm not kidding!* Imitating the sound of an opera singer puts your vocal cords in the best position for singing without causing harm to them. Don't sing too high or too low – just practice your scales in the medium range for your voice imitating an opera singer. You may want to do this in tandem with tip #3 if you are shy about being heard!

NEVER – Here are a list of things NOT to do. Never sing when you're tired, never sing when you have a cold, never sing when your voice feels sore, never sing when you have a sore throat, and never "over" sing. Don't do anything that might strain or damage your vocal cords.



“VOICES AND CHIMES” 2011 MUSIC RETREAT AUGUST 27th, SATURDAY

Come join the 2011 Music Retreat “Voices and Chimes” at St. James. Our “Voices” session will be held in the morning from 9am to noon. Our “Chimes” session will be held in the afternoon from 1-4pm. Bring lunch and enjoy social time between sessions! Registration forms can be found in the gallery or in the music room. Join us as we joyfully praise the Lord with Voices and Chimes!

SING/RING ON A NEW NIGHT!

Beginning in September 2011, the Sanctuary Choir and Chime Choir will change rehearsal night to Thursday evenings. Come join the fun!

HANDBELL WORKSHOP 2011

A Handbell Workshop designed for youth and adults who are beginning to ring or who wish to refresh their handbell techniques will be held this summer at St. Matthew's United Methodist Church in Annandale. This workshop is open to the community and is from 7-9PM the evenings of August 22-25th. The fee is \$40.00. Registration deadline is August 10th. Want to join me in attending? Dinner before and carpool from the church? See me for a registration form. – Denise Symonds



PRAYERS

Special Prayer for the Parish:

Almighty and everliving God, ruler of all things in heaven and earth, hear our prayers for this parish family. Strengthen the faithful, arouse the careless, and restore the penitent. Grant us all things necessary for our common life, and bring us all to be of one heart and mind within your holy Church; through Jesus Christ our Lord. *Amen.*

For the Calling of a Rector:

Almighty God, giver of every good gift: Look graciously on your church, and so guide the minds of those who shall choose a rector for this parish that we may receive a faithful pastor, who will care for your people and equip us for our ministries; through Jesus Christ our Lord. *Amen*



Lord, in your mercy, hear our prayers ...

For the Safety and Protection of the Men and Women in or serving with our Armed Forces:

Especially those who serve in harm's way in Afghanistan & Iraq; Tim; SSG James Dyer; Leon Hinton; SGT Scott Keegan; Seth Cole; Tony Mitchell; William Clement; PFC Shawn Dunlap; Bill Door, PV2 Ferris F. Young, COL Michael Setnor, CW2 Carl Bourland, Philip Bock, LT Jay MacPeak, Jim White and all those injured or wounded.

Strength, Guidance and/or Healing for:

Daniel Gustav King, Cliff & Muriel, Agnes, Betty, Christine, Marty, Helen, Holt, Scott, Matthew, Nancy, Larry Lisle, Fox Family, Bonnie, Harriet, Mona, Deepak, Ruby, Pam, Robert, Paul, Bill, Amy, Esther, Peggy, Jason, Karen, Stephanie, Virginia Riggs Berno, Oliver, Meredith, Reyna, Jim & Linda, Michelle, Evelyn, Meridith, Phillip, Karen, Lisa and her family, Justin, Haidde (Norma's mother)

Thanksgiving for:

The safe return of Amber Tussing from Afghanistan and SSG Davis Miller (Denise's nephew) from Iraq; our St. James' family and for all that is gracious in our lives, revealing the image of Christ.

In Remembrance of:

Tom Chadwick
(Please keep the family in your prayers.)

HAPPY BIRTHDAY



July

- 1 Crystal Prigmore
- 6 Jackson Collins
- 6 Jed Smith
- 8 Keith Riley
- 9 Bob Blair
- 10 Vicki Iber
- 10 Amy Chalfant
- 12 Thompson Ball
- 13 Peggy Williams
- 13 Valerie Haines
- 14 Debby McConnell
- 14 Elizabeth Walters
- 21 Nancy McDougall
- 22 Doug Cleary
- 29 Roy Williams
- 31 Anne Smith

August

- 6 Marge Smith
- 13 Lib Mueller
- 14 Jane Fitz
- 16 Kimberly Stowell
- 16 Janet Morgan
- 18 Shawn Bramley
- 21 Rosalie Mow
- 22 Bob Fitz
- 23 Jane Wosoogh
- 27 John Thompson
- 29 Evelyn Morgan
- 30 Agnes Cox

HAPPY ANNIVERSARY



July 3, 1998
Chris & Naomi Iber

August 7, 2004
Bob & Jane Fitz

August 10, 1968
Larry & Lora Jane Lisle

August 10, 2002
Aaron & Kimberly Stowell

August 24, 1974
Mike & Valerie Morgan

August 26, 1963
Bill & Peggy Iber

August 27, 1977
Mark & Mckayla Braden

August 27, 1943
Cliff & Muriel Freeman

August 31, 1985
John & Sara Thompson

"Sometimes the most important thing in a whole day is the rest we take between two deep breaths."
~Etty Hillesum

IN MEMORY



THOMAS W. CHADWICK, 87, a long time member and Trustee of St. James' Episcopal Church died on Tuesday, June 21st. Tom was a well known figure at St. James and participated as a Chalicists, Lay Reader, Lay Eucharistic Minister, Lay Pastoral Care Minister and chili cook extraordinaire for many of our picnics and fund raising events. In the many years he was a member, Tom had also served as a Vestry Member, Senior Warden, Sunday School Teacher, Audit Committee Member and Fund-raiser. He is survived by his wife Ann Collins Chadwick, daughter Alice and sons Thomas and Carlton, their spouses and two grand children. He is also survived by two stepdaughters, Janet and Joyce, their spouses and five grandchildren as well as two great grand children.

Tom grew up on a plantation on Wadmalaw Island and in Charleston, South Carolina during the Depression. He served in the Navy Sea Bees in the South Pacific during WW II and earned a degree in journalism from the University of South Carolina following the war. He started his career in journalism as a reporter covering various topics, including state politics, for "The State" newspaper in Columbia, SC.

Tom soon became involved in South Carolina politics and came to Northern Virginia in 1955 to be Press Secretary, Legislative Assistant and Campaign Manager for the late U.S. Senator Olin D. Johnston, Democrat from South Carolina. He was also involved as state campaign advisor during the Stevenson, Kennedy and Johnson Presidential campaigns and later to work with the Humphrey campaign.

He went to work for the U. S. Postal Service and also assisted the advanced coordination of several presidential visits overseas in Vietnam and Thailand as well as other locations. Tom ended his 21 year postal career in the position of Consumer Advocate for the Postmaster General for 14 years.

Tom's cheerful disposition, jokes and stories will certainly be missed. He was a driving force in the local chapter of the Brotherhood of Saint Andrews, participating in Meals on Wheels, Transportation Help, Scripture Study and Mission projects. He and his wife, Ann, were active members of the St. James' Bible Study Group.



WILLIAM B. TAYLOR, 86, a long time Trustee of St. James passed away on Sunday, April 3, 2011. A founding member of this parish, he and his family attended the first service in July of 1958 in the Woodley Hills School. He was elected to serve on the first Vestry and has over the years served on several Vestries and has been Senior Warden multiple times. Bill was the chair of the Finance Committee responsible for the building of our original church building.

Bill's interests have always supported outreach and mission. He rallied this parish to support programs such as the Advent Episcopal Mission/Church in the Philippines, as well as projects in Mauritania, Sierra Leone, Africa and many others.

For the fiftieth anniversary of this parish, Bill put together a history of the parish with many pictures and interesting stories about the building and the people of St. James' Parish. His attention to detail and sense of humor shine through the pages.

Bill was active at the Diocesan level also, serving on the Diocesan Standing Committee, the governing body of the Diocese and on the Search Committee that called Peter James Lee to be the Bishop of the Diocese of Virginia.

He has lived an amazing life of service to his county as well as his church. Bill graduated from West Point in 1945 and was commissioned in the Army Corps of Engineers. He served in the rebuilding of Austria, the Manhattan Project and nuclear weapons testing and reactor studies in the Pentagon following the war. Bill contracted polio in 1953 and after being retired from the Army with his disability and intensive physical therapy, he returned in 1955 as a civilian engineer in the Army -AEC program at Fort Belvoir. Bill was Deputy Director of the Geodesy, Intelligence and Mapping R&D Agency; Director of NASA's Apollo Applications; Scientific Advisor to the Chief of Army R&D; Technical Director of the Army Mobility Equipment R&D Center and Director of R&D for the Army Corps of Engineers. After retiring from Civil Service, he did Engineering Consulting.

Bill will be remembered as a competent professional soldier, engineer and manager; a trustworthy and loyal friend; a devoted husband, father and grandfather; and a faithful Christian. Bill is survived by his wife of 65 years, Nancy, and five children: William, Jr., Anne, Paul, Katharine and David, their spouses and ten grandchildren.

Bill was larger than life, involved in so many areas of the church, and will be missed by all. He was an example of leading a faithful life. St. James has been blessed by his presence.

IN MEMORY



COLONEL PAUL R. WALTERS U. S. Army (Retired) and the oldest living West Point Graduate, died on February 24, 2011. He was a long time member of St. James. Betty and Paul were often seen at the 8:00am service. Col. Walters loved his music and entertaining others by playing the piano as witnessed at his 100th birthday party held at St. James' in 2008. He enjoyed people and played golf well into his nineties, but loved his family most of all! He is survived by his wife of 73 years, Elizabeth J. Walters, and their children: COL (Ret.) James P. Walters; COL (Ret.) Michael J. Walters and Dr. Elizabeth J. Walters and their spouses; 4 grandchildren, 4 great grandchildren and 1 great great grandchild. Col. Walters was buried with full military honors at Arlington National Cemetery on June 16.

BULLETIN BOARD

LET US PRAY!

The St. James' family has several forms of corporate prayer. We pray together during our Worship Services. We pray in our daily life. To fulfill the need for specific prayers we have the advantage of two "lists."

The Parish Prayer List is published in the weekly Sunday bulletin and the monthly Newsletter, *St. James' Notes*. This "list" asks each of us to pray for those in need. If you would like to include a name or names on the Parish Prayer List, contact the church office at (703) 780-3081 or by email to office@stjamesmv.org. To return to a more correct format, we are once again only using first names. An exception can be made at the request of the family. We also, ask you to notify the office when to remove the name from the Parish Prayer List. If you have submitted a prayer request to the office in the past, please, review the Parish Prayer List now and let us know if you wish to continue the request or have the name removed. The Parish Prayer List will be revised soon.

Another method of receiving prayers is the **DOK Prayer Chain**. The Daughters of the King, as a part of their vows of Prayer and Service, maintain a Prayer Chain. The request for prayers of thanksgiving, healing, strength and guidance are passed through the "chain" of 17 Daughters. Confidentiality is maintained. Last names are omitted, unless otherwise requested. To submit names to the DOK Prayer Chain, call the church office at (703) 780-3081, notify the Rector or call the Lead Caller (Lead Caller is currently Peg Iber at (703)780-0085).

Through these several types of prayer, the St. James' Family can lift our needs to the Lord.

Your kind expression of sympathy is gratefully acknowledged and deeply appreciated.

*To my St. James Family,
Thanks for the beautiful plant, all of the kind works and expression of sympathy and condolences received from ALL of you at St. James during this difficult time. I can truly speak for my mother also in extending our appreciation to all. Please know that mother loves St. James very much!*

Alyce

Sink or Swim?

People's stories about learning to swim often sound like this: "My dad tossed me into the water. I didn't have a choice — I flailed around until I found myself swimming!"

But an elderly Christian tells a variation of this story: "Wanting to teach me to swim, my father threw me off the dock into the lake. I sank." But then he goes on: "So my father jumped in with me."

The storyteller's wisdom shines in his application: "God doesn't toss us into life and leave us alone to sink or swim. By sending Jesus, God jumped right in with us to save us from death, hold us protectively and help us navigate life."



Schedule of Ministry from July 3 to August 7

	July 3	July 10	July 17	July 24	Morning Prayer July 31	August 7
VOD	Larry Saiers	Ann Chadwick	Nancy Sherick	Laurie doCarmo	Elaine White	John Thompson
Welcoming Team	Andy DeLaCour	Marge Smith	Jane Wosoogh	AndyDeLaCour	Susanne Hillman	Lib Mueller
Ushers	Ray Smith	Ray Smith	Bob Fitz	Gus Braun	Bob Blair	Ray Smith
	Wayne Johnson	Wayne Johnson	Mike Morgan	Barbara Riley	Mary Blair	Marge Smith
Officiant					Peg Iber	
8:00 AM						
Chalice	Mike Morgan	Paul Vivian	Gordon Grant	Vicky Vivian	Bill Iber	Pat Rowell
Lector	Bo Temple	Nancy Temple	Paul Vivian	Stan Dawson	Vicky Vivian	Gordon Grant
Psalm	Mike Morgan	Paul Vivian	Gordon Grant	Vicky Vivian	Bill Iber	Pat Rowell
Prayers	Larry Saiers	Ann Chadwick	Nancy Sherick	Volunteer	Elaine White	John Thompson
Sacraments	Vivian Family	Janet Fallin	Holthaus Family	Saiers Family	Temple Family	Vivian Family
		Phil Trott				
Acolyte	Volunteer	Volunteer	Volunteer	Volunteer	Volunteer	Volunteer
10:15 AM						
Chalice	Bob Fitz	TBD	Pat Rowell	Mary Blair	Mike Morgan	Lora Jane Lisle
Lesson 1	Sara Thompson	Volunteer	Rosalie Mow	Sara Thompson	L1 Pat Rowell	Bob Blair
Psalm	Gus Braun	Lora Jane Lisle	Mike Morgan	Bob Blair	L2 Bob Fitz	Mary Blair
Lesson 2	Nancy Sherick	Volunteer	Dean Sherick	Bill Iber	L3 Hank Morgan	Peg Iber
Prayers	Susanne Hillman	Elaine White	Gus Braun	Peg Iber	Nancy Sherick	Sara Thompson
Sacraments	Volunteer	Volunteer	Ben & Jane Wosoogh	Peg & Bill Iber	Dean & Nancy Sherick	Lib Mueller
						Peg Iber
Acolyte	Pat Rowell		Gus Braun	Pat Rowell	Sara Thompson	Gus Braun
	McKenna Kershaw			McKenna Kershaw		
Lay Eucharist Minister	Lora Jane Lisle	Peg Iber	Lora Jane Lisle	Peg Iber	Lora Jane Lisle	Peg Iber
Counter	Marge Smith	Jane Wosoogh	Andy DeLaCour	Bill Iber	Marge Smith	Marge Smith
Altar Guild	Viani Team	Viani Team	Iber Team	Iber Team	Iber Team	Iber Team
Coffee Maker	Iber Family	Cleary Family	Woodward Family	Wosoogh Family	Lora Jane Lisle	Stan Dawson

The August Schedule of Ministry will be available in late July.

St. James' Episcopal Church Activities ~July 2011


(Please always check the online calendar for the most up to date event information.)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26 Pentecost 2 8:00a HE I 10:15a HE II 11:30a Coffee 11:30a GRM Bible Stdy 12:30p GRM Service	27	28	29 9:45a Pastoral Care 8p GRM Bible Stdy 8:30p AA Mtg	30 7:30p Funeral Service for Tom Chadwick	1 JULY 10:00a Under Fives Playgroup 8:00p GRM	2 10:00a GRMc 11:00a GRMy 8:30p AA Mtg.
3 Pentecost 3 8:00a HE I 10:15a HE II 11:30a Coffee 11:30a GRM Bible Stdy 12:30p GRM Service	4 <i>Office Closed</i>  INDEPENDENCE Day	5	6 9:30a Staff Mtg. 12p HE/Healing 12:30p Lunch Out 8p GRM Bible Stdy 8:30p AA Mtg	7	8 10:00a Under Fives Playgroup 8:00p GRM	9 10:00a GRMc 11:00a GRMy Shrine Mont 8:30p AA Mtg.
10 Pentecost 4 Shrine Mont 8:00a HE I 10:15a HE II 11:30a Coffee 11:30a GRM Bible Stdy 12:30p GRM Service	11 <i>Jenny off</i>	12 10:00a Mt. Vernon Mom's Club 7:00p Vestry Meeting	13 9:30a Staff Mtg. 12p HE/Healing 12:30p Lunch Out 8p GRM Bible Stdy 8:30p AA Mtg	14	15 10:00a Under Fives Playgroup 8:00p GRM	16 10:00a GRMc 11:00a GRMy 8:30p AA Mtg.
17 Pentecost 5 8:00a HE I 9:15a Adult Teaching 10:15a HE II 11:30a Coffee 11:30a GRM Bible Stdy 12:30p GRM Service	18	19	20 12p HE/Healing 12:30p Lunch Out 8p GRM Bible Stdy 8:30p AA Mtg	21 5:00p Dinners Due for Hearts Apart	22 10:00a Under Fives Playgroup 8:00p GRM	23 10:00a GRMc 11:00a GRMy 8:30p AA Mtg.
<i>Rev. Walsh on Vacation</i>						
24 St. James' Day 8:00a HE I 9:15a Adult Teaching 10:15a HE II 11:30a Coffee 11:30a GRM Bible Stdy 12:30p GRM Service	25	26	27 9:45a Pastoral Care 12p HE/Healing 12:30p Lunch Out 8p GRM Bible Stdy 8:30p AA Mtg	28	29 10:00a Under Fives Playgroup 8:00p GRM	30 10:00a GRMc 11:00a GRMy Baseball with St. James 8:30p AA Mtg.
31 Pentecost 7 8:00a Morning Prayer 9:15a Adult Teaching 10:15a Morning Prayer 11:30a Coffee 11:30a GRM Bible Stdy 12:30p GRM Service						

GRM = Ghana Resurrection Methodist Church (p = prayer meeting, c = choir, y = youth)

St. James' Episcopal Church Activities ~August 2011

(Please always check the online calendar for the most up to date event information.)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 AUGUST	2	3 9:30a Staff Mtg. 10:30a Bible Study 12:30p Lunch Out 8p GRM Bible Stdy 8:30p AA Mtg	4	5 10:00a Under Fives Playgroup 6:0 8:00p GRM	6 10:00a GRMc 11:00a GRMy 8:30p AA Mtg.
<i>Rev. Walsh on Vacation</i>						
7 Pentecost 8 8:00a HE I 9:15a Adult Teaching 10:15a HE II 11:30a Coffee 11:30a GRM Bible Stdy 12:30p GRM Service	8	9 10:00a Mt. Vernon Mom's Club 7:00p Vestry Meeting	10 9:30a Staff Mtg. 10:30a Bible Study 12p HE/Healing 12:30p Lunch Out 8p GRM Bible Stdy 8:30p AA Mtg	11	12 10:00a Under Fives Playgroup 8:00p GRM	13 8a Brotherhood 10:00a GRMc 11:00a GRMy 8:30p AA Mtg.
<i>Denise on Vacation</i>						
14 Pentecost 9 8:00a HE I 9:15a Adult Teaching 10:15a HE II 11:30a Coffee 11:30a GRM Bible Stdy 12:30p GRM Service	15	16	17 9:30a Staff Mtg. 10:30a Bible Study 12p HE/Healing 12:30p Lunch Out 8p GRM Bible Stdy 8:30p AA Mtg	18 5:00p Dinners Due for Hearts Apart	19 10:00a Under Fives Playgroup 8:00p GRM	20 10:00a GRMc 11:00a GRMy 8:30p AA Mtg.
<i>Denise on Vacation</i>				<i>Jenny on Vacation</i>		
21 Pentecost 10 8:00a HE I 9:15a Adult Teaching 10:15a HE II 11:30a Coffee 11:30a GRM Bible Stdy 12:30p GRM Service	22	23	24 9:30a Staff Mtg. 10:30a Bible Study 12p HE/Healing 12:30p Lunch Out 8p GRM Bible Stdy 8:30p AA Mtg	25	26 10:00a Under Fives Playgroup 8:00p GRM	27 Choir Retreat 10:00a GRMc 11:00a GRMy 8:30p AA Mtg.
<i>Jenny on Vacation</i>						
28 Pentecost 11 8:00a HE I 9:15a Adult Teaching 10:15a HE II 11:30a Coffee 11:30a GRM Bible Stdy 12:30p GRM Service	29	30	31 9:45a Pastoral Care 10:30a Bible Study 12p HE/Healing 12:30p Lunch Out 8p GRM Bible Stdy 8:30p AA Mtg	1 SEPTEMBER	2 10:00a Under Fives Playgroup 8:00p GRM	3 10:00a GRMc 11:00a GRMy 8:30p AA Mtg.
4 Pentecost 12 8:00a HE 10:15a HE II 11:30a Coffee 11:30a GRM Bible Stdy 12:30p GRM Service	5 <i>Office Closed</i> 	6	7 9:30a Staff Mtg. 10:30a Bible Study 12p HE/Healing 12:30p Lunch Out 8p GRM Bible Stdy 8:30p AA Mtg	8 12:30 Book Club 7p Chime (Bells) 7:30p Choir	9 10:00a Under Fives Playgroup 8:00p GRM	10 8a Brotherhood 10:00a GRMc 11:00a GRMy 8:30p AA Mtg.

GRM = Ghana Resurrection Methodist Church (p = prayer meeting, c = choir, y = youth)



St. James' Episcopal Church
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It ' s Time for Baseball & Apple Pie

St. James will have its annual minor league baseball game and BBQ picnic fundraiser on Saturday, July 30. The suggested price is \$25.00 for adults and \$15.00 for children. Price includes game ticket and meal. Email jotho@loc.gov for questions and reservations. More information and sign-up is in the gallery.